



Happy Valentine's Day



THE

FAIRLIE ACCESSIBLE

ISSUE 19-03

Delivered FREE to residents of Albury • Fairlie • Lake Tekapo and Districts

13 FEBRUARY 2019

Oooh Pooh!

Recent weeks have seen a heightened problem with the amount of dog muck being deposited about the town. Obviously people are letting dogs off at night to roam and poo away from home. The top end of Mt Cook Road near the Fairlie Heritage Museum and the 'upper' part of Regent Street seem to be hardest 'hit' areas.

Two things – it isn't at all pleasant for people to find your dog's muck on their lawns and having to scoop it up, and allowing your dog to roam in such a manner does nothing to foster good relationships in neighbourhoods.

It is disgusting to see the travelling public letting their dogs out on the Fairlie Village Green to 'go', let alone seeing locals who are out walking their dogs, duck into gardens and out of sight, to let them poop. You think you aren't seen! Oh yes you are!

The Dog Control Bylaw and Dog Control Act require all dogs to be kept under control (confined within a property or on a lead) at all times. There is an animal control officer in Fairlie who responds to complaints. If people see wandering dogs they should call Council on 685 9010 to report it. They are able to, and do, issue infringement notices (fines) for wandering dogs and defecating dogs.

Unfortunately the Mackenzie District Council does not have an animal control officer patrolling the streets at all times so they rely on the public to provide feedback but also on dog owners to take their responsibilities seriously. Defecating dogs are tricky to control as they have to be caught in the act!!! Perhaps photographing for reporting purposes might help!

Karina Morrow, Group Manager Regulations at the Mackenzie District Council kindly provided us with the information about the Dog Control Bylaw and Dog Control Act and informs us that the MDC is currently considering the issue of increased signage around defecating dogs, in problem areas.

Hopefully signage might remind owners of their responsibilities should the dogs not take note themselves!



Gratitude for increased Road Patrol presence in the Mackenzie

With the high number of visitors and so many of the New Zealand public travelling through the Mackenzie during these summer months, it is pleasing to see an increase in traffic police out on the roads.

Canterbury Police and Southern Police are running a joint road policing operation which started on 5th February in the Mackenzie Basin and Omarama area through to the Lakes District.

Canterbury Police have tasked a fine bunch of officers to spread the work of road safety, avoiding fatigue whilst driving and driving to the conditions and your abilities. They get to speak to lots of people travelling through the area and the feedback has been all about showing more care and consideration for other road users.

They are actively looking to prevent death and serious harm and ensuring that the prevention messages get through to all road users.

Stay safe and be considerate whilst driving!

Inland Revenue is advising customers to always use its secure online services to update bank details and avoid scammers who target Kiwi taxpayers.

Automatic tax refunds are coming this year and in the last month two e-mail scams surfaced asking taxpayers to fill in a form to receive a refund owed to them.

IRD spokesperson Bernadette Newman says updated information is important but it should be done only through the department's secure online channel – myIR.



Inland Revenue
Te Tari Taake

What's Happening!

Tiki Tours with the Crew!

Book at Heartlands 685 8496



COMING UP:

Thursday 28th February - to Mid Canterbury

LAKETEKAPO SATURDAY MARKET

8 SIMPSON LANE HUB

Saturdays 2 March and 6 April

10 am to 2 pm

Arts and Crafts, Coffee, Pre-loved Goods, Fundraising Bake -Stalls / Sausage Sizzles, a community getting together!

(To register for a free site contact Brooke 022 692 9660 or Wilma 021 154 1014, laketekapomarket@gmail.com or check out Lake Tekapo Saturday Market Facebook page.)

FAIRLIE DINNER GROUP

Meeting Red Stag 6.30 pm 27 February

Enquiries/bookings phone Arlene 685 8657



Dog Training Day

Saturday Feb 23rd 1.00 pm

at Blue Mountain Station, Clayton Road.

All members & potential members are welcome. Bring your dogs/pups and learn some training tips from the experts! Please ensure your dogs have been dosed for hydatids at least 48 hrs beforehand.

Enquiries to:

Dion Anderson (Pres) 03-6858303

Roddy Brown 03-6854844



Albury Inn

* GRAEME'S SPECIAL *

* CHILLI BASIL CHICKEN *

Thu-Sat open from 4.00 pm

Sunday open from midday

Let us take you home - courtesy van
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PASS 2 PUB

Another new year means it must be Pass2Pub time again!

For nearly 30 years, people of all ages have been enjoying getting out into the Albury back country for this great ride over 13 farms not normally accessible to the public.

The PlaceMakers Pass2Pub, 2019 version, is on Sunday 3 March and participants ride from the start at Burkes Pass to the finish line behind the Albury Pub. There's also a shorter mini ride that takes in just half the course.

The scenery is quite captivating with craggy gorges, alpine streams and valleys that open out to reveal hidden limestone cliffs and surprisingly emerald green paddocks.

The trails are well-marked making it easy for novice riders to make their way through the various farm tracks, gravel roads and the odd river crossing. The course is 'fast as' if you're good enough, or easy-going for those wanting to take a more leisurely, scenic ride.



A big aim for many race regulars is beating their time from previous year's or beating their work mates or family.

"Family is a big deal for the Pass2Pub," says organiser Chris Thomas. "I am sure we get more families taking part than any other mountain bike ride in the country. It is the one ride where old traditional family rivalries get dragged out of the garage and onto the bike".

The challenge, the scenery, the family competitiveness, the sunny warm weather, the refreshing drink at the finish, the hundreds of spot prizes, the after-match party – all add up to a great family ride.

The Pass2Pub Mountain Bike Ride is proud to support Albury Home and School so their students can have more opportunities, such as going on school camps and having access to up to date safety gear, sports and computer equipment.

Entries close on Tuesday 26th February. A late fee will apply for those entering on the day. Enter on-line at www.pass2pub.com or entry forms available at PlaceMakers Timaru and Twizel, and The Cyclery, Timaru or Heartland's Fairlie Resource Centre.



BURKES PASS TO ALBURY PUB

A legendary
**Cross Country
Mountain Bike Ride**
for the whole family



Sunday 3 March 2019

Enter Online:
www.pass2pub.com

CLASSIC RIDE
36km

**More Trail,
Less Road
More Fun**

THE MINI PASS2PUB
16km



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Wed 27th Feb 2pm - 6pm

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annie@bespokebiketours.nz

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Christchurch
www.icycleelectric.co.nz
sales@icycleelectric.co.nz

Congratulations to Mark Ross, summer member of the Fairlie Golf Club, on his epic hole in one! Using a 5 iron, the perfect shot occurred on No 10 at the Christmas Twilight Ambrose night held on 15 December 2018. The last night for this season's Ambrose is coming around quickly - 3 more Wednesdays!

What a difference to the landscape down Talbot Road! The Fairlie Golf Club have had the stand of trees felled to enable the development of four sections - 3 of which have sold already!



Mackenzie Netball Supporters Club (Mackenzie College Netball years 9-13) AGM will be held on Monday 27 February 2019 @ 7.30pm in the Soft Tech Room, Mackenzie College.



All players/parents to register interest by email, phone or enrolment forms @ College office.

Proposed addition to constitution:

"That year 9-13 secondary school netball players, playing in a Saturday/Wednesday team in Timaru representing Mackenzie, play for the same team on a Wednesday night in the local Fairlie competition if team is entered in local competition."

Bridget Anderson, President

A long life!

The secret to a long life may just lie in a small Italian village known for its fishing, olive groves and rolling hills. Scientists spent six months researching why this one Italian village on the banks of the Mediterranean boast so many centenarians. In fact, in the village of Acciaroli celebrating a milestone 100th birthday is commonplace with one in 10 of the 700 residents expected to live to reach 100 years of age.



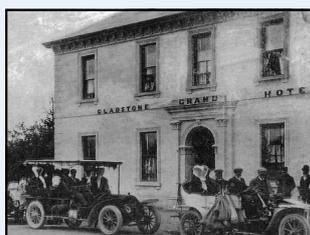
So what did the team discover? The answer: a healthy Mediterranean diet with plenty of rosemary for good measure. The study found that elderly people in the village have unusually good blood circulation, which helps to feed nutrients to the body and efficiently take away waste products through the capillaries. Analysing the blood samples from more than 80 elderly people, the scientist also discovered that villagers had remarkably low levels of a hormone called adrenomedullin, more commonly seen in people aged in their 20s or 30s.

Scientists believe a combination of a healthy diet based on vegetables, herbs and fish, combined with lots of exercise and genetic factors has developed over centuries. Locals typically eat a Mediterranean diet based on olive oil, vegetables, fish and a fresh fruit.

The elderly people in the region exercise on a regular basis, and eat plenty of olive oil, locally-caught fish and home-reared rabbits and chickens. They also add lots of local herbs to meals, particularly rosemary, which is believed to help keep the brain functioning. Quite amazingly, the residents of Acciaroli not only live long lives, but they seem immune from age-related diseases such as dementia, heart disease and other chronic conditions.

The Gladstone Hotel

Your 'LOCAL'
Main Street, Fairlie
Tel: 03 685 8140
gladstonethelocal@xtra.co.nz



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Just before Christmas, 3 friends received a card in the mail with a HUGE surprise in it ... a voucher for Tekapo Springs and Spa! To begin with they all blamed each other for sending them, as the cards were unsigned! We also thought maybe it was a hoax - who just gets a voucher from a Spa in the mail!

Well, we three received one each and 'Oh my!' What a lift to our lives and how exciting and unexpected it was. We still have no idea who sent them, but we have heard a rumour that there are 'Fairlie Angels' in our midst!

If they really do exist and did send the vouchers to us, we thank you from the bottom of our hearts.

Maureen, Sandy and Amanda



Community Workshop

Coming soon to Fairlie during Term 2 – community workshops on how the brain copes with trauma. Trauma can include: grief, poverty, violence, victims of crime, drugs/alcohol, mental health issues, earthquake refugees, terminal illness, etc.

We are very lucky that our connected community has such wonderful support systems in place, including: Victim Support volunteers, our GPs, Police and other emergency services, counsellors and the Mackenzie Community Enhancement Board who support locals through Heartlands' services. The Fairlie community is also very fortunate to contain a lot of caring residents who are willing to help others and provide unconditional support.

Members of the community are currently working on securing funding to bring Kathryn Berkett from Engage Training to Fairlie. Kathryn is a very highly-regarded psychologist who has her Masters in Educational Psychology and she is also a certified Neurosequential Model of Therapeutics' practitioner - a qualification gained via the Child Trauma Academy. Kathryn has been presenting workshops since 2007. She has a unique ability to be able to engage audiences and convey complex information in an easy-to-listen to, easy-to-understand way. Her intense passion for what she does comes across in her presentations. Audiences often comment on how easy it was to listen to a session from Kathryn, even those who often struggle to concentrate!

The workshops Kathryn will present will benefit a high percentage of the Mackenzie community, in particular children and teenagers who have been through traumatic situations which can culminate in post-traumatic stress symptoms. This can make them highly vulnerable, emotional and ultra-sensitive. It is hoped that following the workshops, community members who work with children will be better prepared to be able to support Mackenzie families through traumatic situations.

Further information will follow regarding dates and times.



**AUBREY
-PODIATRY-**

Aubrey podiatry provides *specialist foot care* for *everyone*, treating a variety of clients including children, diabetics, sports enthusiasts and seniors.

P 03 688 9095
info@aubrey podiatry.com

aubrey podiatry.com 45 Heaton St, Timaru, South Canterbury





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PHYSIO

Tuesdays & Thursdays from 7.30

Fairlie Medical Centre
www.activehealth.nz **03 683 1122**

Aging Gracefully is an Art...Aging Disgracefully is a Total Blast!

It was raining hard and a big puddle had formed in front of an Irish pub. An old man stood beside the puddle holding a stick with a string on the end and jiggled it up and down in the water. A curious gentleman asked what he was doing. 'Fishing,' replied the old man.

'Poor old fool' thought the gentleman, so he invited the old man to have a drink in the pub. Feeling he should start some conversation while they were sipping their whiskey, the gentleman asked, 'And how many have you caught?' 'You're the eighth.'

An Irish Sense of Humor



CARING FOR THE CARERS

Alzheimer's and Dementia Support Group – For Carers Only

Heartlands Fairlie is hosting an afternoon tea for those who give care and support to those with Alzheimers and dementia. The purpose of this support group is for these good folk, the carers, to get together and have a chat and gain information to help them get by. The afternoon tea will be at Heartlands at 2 pm on Tuesday 26th February.

Learning about Dementia

Half of UK adults cannot identify any key risk factors for dementia, according to a study by Alzheimer's Research UK. The charity surveyed 2,361 people and found that only 1% were able to name the seven known risk or protective factors for dementia. The six risk factors are heavy drinking, genetics, smoking, blood pressure, depression and diabetes. Physical exercise is a protective factor against the disease.

The study, entitled Dementia Attitudes Monitor, found that more than half of UK adults now know someone with dementia. But only half recognised that dementia is a cause of death, and they found that a fifth incorrectly believe it is an inevitable part of getting older. Although a third of cases of dementia are thought to be influenced by factors within our control, only 34% of people surveyed believe it is possible to reduce the risk of dementia, compared with 77% for heart disease and 81% for diabetes.

Dementia is an umbrella term for a set of symptoms that affect cognitive function, such as memory loss, confusion and personality change, which get worse over time. Alzheimer's disease is the most common cause of dementia, accounting for approximately two-thirds of all cases. Source: Alzheimer's Research UK

February Activities for Retired and Older Folk (all welcome – both sexes)

14th Valentine's Day 2.00 pm

Afternoon Tea in Mc Lean's Park BYO camp seat please. Can drive in to the picnic. Afternoon tea provided!

19th Movie in Fairlie 1.30 pm

Mackenzie Community Theatre 'St Vincent' Afternoon tea \$5. Will take a van to town when 'Collette' is released!

21st Cooking 10.00 am

Come join some of our great older cooks and learn how to make pickle and relish - St Pat's Hall.

28th Tiki Tour to Mid Canterbury

Exploring back roads! Please ensure you are on our txt or phone list! All most welcome.



Alma Wright, Hamish McGregor and Linda Hayman.
Tiki Tour trip to Operatunity - The Luck of the Irish

CAUSES OF FALLS

1 IN 3 OLDER ADULTS FALL EACH YEAR!

Chronic Conditions - Parkinsons, heart disease, diabetes and other conditions increase the risk of falling.

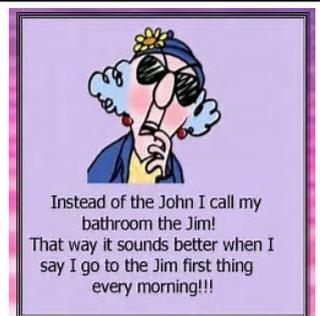
Solution - Enlist caregivers to ensure that patients follow their treatment plans, assist them to doctor appointments and recognise red flags for the individual.

Fairlie Exercise Classes on Fridays

10 am St Columba Hall

**Easy, low impact,
good company!**

Please call Kylie 0210 837 5775
or Heartlands Resource Centre



Instead of the John I call my
bathroom the Jim!
That way it sounds better when I
say I go to the Jim first thing
every morning!!!

MACKENZIE COMMUNITY ADULT EDUCATION

◆ **Bar Manager's Course**

We are looking for an indication of interest to host a course here in Fairlie.

◆ **Adult Swim Lessons** in Fairlie
Monday evenings at 5:30 pm.

Please register your interest for either at Heartlands Fairlie Resource Centre
Telephone: 685 8496

Email: mackenziecommunity@xtra.co.nz

TERTIARY BURSARIES AND GRANTS DEADLINE FAST APPROACHING

The deadline for five tertiary scholarships offered by Rural Women New Zealand (RWNZ) is fast approaching, with applications due in by Friday, 1 March 2019.

"Despite the current Government's first-year Fees Free policy, university remains an expensive experience for many rural students who do not have the choice of living at home to minimise expenses," says RWNZ Education Portfolio Convenor, Sue Higgins.

"RWNZ is particularly concerned about the low rates of students graduating with agricultural-based degrees and the impact this will have on the development of New Zealand's rural sector."

"By offering our support, RWNZ seeks to make university more accessible to young people living rurally, women and those students over 25 who want to make a difference in their communities," Ms. Higgins says. Further information about RWNZ's bursaries and grants is available on



www.ruralwomen.org.nz



Fairlie Area Kindergarten

03 685 8505

12 Sloane Street Fairlie
fairliearea.kindergarten@sck.nz

30 free hours for children over 3 years.
Spaces available for children 2 years and over.
Enquiries welcome now.

Learning through caring for our new Kindergarten chickens

This term, our tamariki welcomed four new friends to our kindergarten whānau – our kindergarten chickens. The Dagg whānau very generously donated the chickens and a coop and our tamariki are enjoying being responsible for the daily care of them. At Fairlie Area Kindergarten whanaunga tanga/relationships is a curriculum priority (valued learning) and pet ownership provides wonderful learning opportunities for our tamariki to develop responsibility, trust, respect and compassion. As an Enviroschool we encourage a sense of kaitiakitanga/guardianship by providing regular opportunities to connect with the wider natural world and our tamariki are certainly enjoying interacting with our new pets. We are now just eagerly awaiting the first egg!



Teach your kids to count bikes on car journeys

And they will automatically notice them when they learn to drive

SuperBike Factory.co.uk



SCHOOLS CALENDAR

Term 1

14 Feb	Aoraki Tennis	Mack College
19 Feb	Road Safety Training	Fairlie Primary
20 Feb	Enviroschools	St Jo's
21 Feb	PTA Cricket & BBQ	St Jo's
22 Feb	Open Classrooms	Fairlie Primary
22 Feb	School Picnic	Fairlie Primary
28 Feb	Science in a Van	Fairlie Primary
5 Mar	Swimming Sports	St Jo's
5 Mar	Life Education	Fairlie Primary
7 Mar	SC Triathlon	Mack Schools
8 Mar	Life Education	St Jo's
15 Mar	Swimming Sports	Fairlie Primary



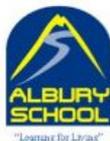
St Joseph's School Fairlie

We welcomed back our students for Term 1 last week. The staff at St Joseph's are excited by the opportunities that are in store for our pupils this year.



Albury School

A warm welcome to Judy Elvidge, our relieving principal and to our new entrants - Pippa, Sophie and Olivia. Many of you will know Judy from her time as Principal at Cannington School. We have had an exciting start to the year which has included the launch of our school houses. Last week the children worked together on a series of house challenges which included researching local place names. There was strong support for the use of local lakes and the names Benmore and Opuha were agreed. Congratulations to our house leaders for 2019 —Samuel (Opuha) and Dezmon (Benmore) We have our annual Spud in the Bucket night on Friday night the 15th February. This is an opportunity to meet teachers and hear about class programmes before enjoying a picnic or BBQ tea together. There will of course be the annual fiercely contested Spud in a Bucket competition and the now inaugural Gumboot Throw Challenge.



Science/Digital Technologies

- School-wide focus on increasing student capability in Science
- We are an Enviroschool with a focus on reducing waste.
- Coding and Technology clubs

Physical Education

- Participation in the Mackenzie Small Schools Swimming Sports.
- Teams from St Joseph's will compete in the South Canterbury Triathlon and Swimming Sports.

The Arts

- Entries in the Mackenzie A&P Show.
- KNZB Wall Worthy competition

Numeracy & Literacy

- Numicon: is an award-winning numeracy programme that focuses on communicating in mathematics, doing in mathematics, and generalising. More info can be found at <https://www.numicon.co.nz/>

Agility with Sound is a literacy programme that focuses on readers who do not learn in traditional ways. We are encouraged by early results since its introduction in 2018. More info can be found at <https://agilitywithsound.co.nz/>



Benmore House



Opuha House

The last two Fridays, we have hosted our very own Albury School Master Chef. Each house has had to create dishes featuring produce from our school gardens. In Week 1, both groups cooked superbly and created delicious zucchini fritters to share. This provided our judges, Dawn, Jane and Erin with a tough job. This week the challenge is to create a potato and a stuffed marrow dish. It is wonderful to see the excitement children get from growing, preparing and then eating their own fresh food.

School assemblies will be held fortnightly on Friday afternoons from February 8th. Whanau and friends of the school are warmly invited to attend.





We are a purpose built preschool offering the highest standard of early childhood education for children aged 0-6 years. Open 8 am–5 pm Monday–Friday (including school holidays) We offer 20 hours ECE and WINZ subsidies are available.

19 Hamilton Street, Fairlie
Phone: 03 685 6263
Email: admin@fairlieearlylearners.co.nz



Pictured below are those who received 2018 NCEA endorsements as well as the Year 7 for 2019.



Fairlie Primary has welcomed a large group of new students this year. The school has seen significant growth in the last year with a starting roll of 84 in 2018 up to 123 students at the start of 2019.

The school has also welcomed two new teachers. Mrs Melissa Tonkin will be teaching year 3-4 in Kea class. Melissa is an experienced teacher having taught in Australia, United Kingdom and in New Zealand. She moved with her husband Brent and family to Fairlie last year from Tauranga. Miss Bethany Marett also joins the staff teaching year 1-2 students in Tui class. Bethany has returned to Fairlie after several years overseas and retrained to become a primary school teacher following a career in journalism and media.

We also invite our wider Fairlie Community to help themselves to the gorgeous fresh vegetables we are growing in our gardens. We are happy to exchange these for a bit of weeding and watering.

New students are pictured (b-left) George, Maddy, Skye, Sam, Kru, Thomas, Lauren, Claudia and (f-left) Michaela, Pippa, Jonty, Angus, George, Libby, Josh, Poppy, Charlotte, Larissa and Adele (absent).



And at the end of the day ...

Your feet should be dirty, your hair should be messy

And your eyes should be sparkling.

Our Community

Mackenzie Community Library News

The library has had a busy start to the year with school group visits booking up quickly, as well as lots of tourists enjoying our facilities and customers borrowing books.

A few damaged books have been returned to us lately that we've had to write off. Please remember that books do not like: water bottles, baths, windowsills, car dashboards, food, pens/crayons, candles and dogs' or cats' teeth!



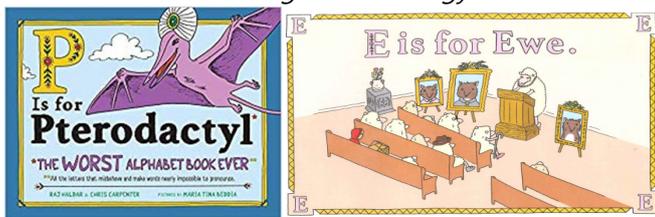
Our foyer refurbishment has started, with a new wheelchair height toilet installed. The rest of the revamp will be happening soon – it's going to look great.

Kathy has been tweaking our new software for overdue procedures. Could customers please let us know next time you're in if you have been receiving underdue or overdue emails? Thanks for your patience whilst we get this sorted – it hasn't been an easy task to get our heads around.

We had a fun, Lit Nits Book Group evening last Thursday. All readers are welcome, particularly new residents. It's very informal and not prescriptive at all - come along and have some fun reviewing and recommending recent reads. The next meeting will be on Thursday 4 April 5.00-6.30 pm – diary it now!

New to the library is this most fantastic sophisticated picture book - fellow grammarians will laugh out loud at the silliness of the English language for each letter of the alphabet.

"Eileen the ewe was so euphoric the wolves were eaten, she even gave the eulogy."



I begin this item by apologising for being a 'Kill Joy.' Unfortunately, or perhaps fortunately, I was involved in a near fatal car accident when I was 17, which became a turning point in my life. Since then, I've lost close family members and friends in road accidents. I've also endured witnessing a fatal motorcycle accident in downtown Wellington.

I appreciate that the young motor cyclists who 'tear up the grass' around Kimbell on most weekends and public holidays are just out having some good healthy fun. On the evening of 6th of February they rode past my house on the grass verge beside the main highway at speeds of well over 80kph. I know what happens to motor cyclists who come off their bikes at those speeds on an unforgiving surface ... I've seen it, and those visions came flooding back to me. I would really appreciate not having to go through that again. Geoff Hooker, Mt Dobson Motel

COMMUNITY REGULAR EVENTS

MONDAY	Borrow Bag Working Bees Combined Club of Mackenzie Crossfit Fairlie Garden Club Line Dancing Pilates Toy Library Playgroup Yoga
TUESDAY	Crossfit Fairlie Bowling Club - Crackerjacks Fairlie Ladies Golf Fairlie Swimming Hockey Mackenzie Swimming Club Music and Movement Patchwork Group Pilates Senior Exercise Classes Spur Road Challenge
WEDNESDAY	Albury Playgroup Crossfit Silver Beats Marching Fairlie Dinner Group Fairlie Friendly Club Gentle Aqua Exercise Golf Twilight Ambrose Karate - Fairlie Mackenzie Highland Pipe Band Newcomers and Locals Coffee Crawl Pilates Yoga
THURSDAY	Crossfit Fairlie Swimming Mackenzie College Netball Tiki Tours Ukulele Fairlie Flukes
FRIDAY	Crossfit Fairlie Indoor Bowling Hockey Pilates Plunket Coffee Group Senior Exercise Classes Spur Road Challenge Yoga
For more information on the above events or if you would like your event listed, please contact Heartlands Fairlie Resource Centre 685 8496	

Firewood Distributors - please contact Heartlands Fairlie Resource Centre with your contact details 685 8496.

Buyers Beware - make sure you know what you are buying! There is quite a difference between measurements of cord, trailer, cubic metre, etc. (1 cord = 3.6245 cm³)

HOPE FOR ALL

Anyone is welcome to come along and explore this message of **HOPE** at an informal, mixed age discussion group.

Tuesdays at 10.00 am

103 School Road, Fairlie - Jodi Payne 685 8181

Wednesdays at 7.30 pm

Peter and Chrissie Bell 685 8415

www.hopeproject.co.nz and www.10daychallenge.co.nz

ECO ETHEL

Don't send your unwanted goods to landfill... sell them at Fairlie's Car Boot Sale on the Fairlie Village Green on 23rd February or wait for the next Recycle at Your Gate date set for 2nd March.

Help make this Car Boot sale a successful event. Come down and have a sticky beak! It is a great way for residents to sell their pre-loved household goods, providing the community with an alternative to buying new. Why buy new?



Mackenzie Community Development - Fairlie

Kylie Murphy - 685 8496
mackenziecommunity@xtra.co.nz



BORROW BAG MESSAGE - do you have excess bags at home or in your car, whether they are the Mackenzie Borrow Bags or just any excess recycle bags, feel free to donate them to the Borrow Bag cycle bin, located in our Four Square supermarkets in Fairlie, Tekapo and Twizel. Borrow Bag working bees run fortnightly in Fairlie and the next one is set for 7 pm - **Monday 25th February** - at Heartlands!

AQUA EXERCISE IN THE WATER DATES:

- 9:10 - Tuesday 12th Feb
- 9:10 - Wednesday 20th Feb
- 9:10 - Thursday 28th Feb
- 11:30 - Tuesday 5th Mar
- 11:30 - Thursday 14th Mar

These classes will only go ahead if we have the numbers. Please phone or text Kylie 0210 837 5775.



CAR BOOT SALE

Fairlie Village Green
Saturday 23rd February at 9.00 am
Time to declutter!

Register at Heartlands for a free site.
Great opportunity for fundraising!

DONATION OF SECOND-HAND BOOKS AND GOODS TO HEARTLANDS

Heartlands is extremely grateful for all the donations made to them for the Saturday Second hand Market and Second Hand Book Sales! The funds generated go back into the town. However, of late, a quantity of dirty (as in dusty and unclean) books and items has been left outside Heartlands when the place is shut. Heartlands must pay to dispose of these items.

NEW POLICY!

Items can only be left at Heartlands during their hours of operation. You, the community, are asked to take note of anyone dropping 'Stuff' off out of hours and letting Heartlands know.

COMMUNITY CALENDAR

Avoid double ups and remember to check the Heartlands Community Calendar before organising your event! Type the following link into your address bar and see what's going on - <https://bit.ly/2WTx67m>

Easy Exercise Classes for Seniors in Tekapo on Wednesdays 11 am starting 20th February thru to 27th March at Tekapo's Community Hall

Come along and join in the easy exercise classes, meet Kylie and enjoy some positive company. This is open to anyone in the community who wants to improve their balance and agility. Let's get together and chat while doing exercise that simply keeps the mind and the body moving in a fun and relaxed way.

If you can't make this time, please don't hesitate to get in touch; Kylie Murphy mackenziecommunity@xtra.co.nz
Ph 021 0837 5775 to discuss - you are most welcome.



THE MACKENZIE LODGE NO 93

... The Time to Learn is NOW!



44 Gall Street, Fairlie
Allan Kerr (03) 685 8063
Jeff Elston (03) 684 6704



PROTECTING YOUR PET FROM BARLEY GRASS

As the weather continues to warm up through the summer months there is always an increase in grass seed related problems. Barley grass is abundant this time of year and the effects on dogs can lead to an emergency trip to the Vet. The bristle-like fibres of these seeds make them stick to various surfaces. They cling to the fur of dogs and other animals. Due to their shape, the seeds burrow into fur and skin where they might become lodged. They can enter through the nose or ears, get between the eye and eyelid and are more often than not found between the toes. If a seed is not removed immediately, muscular movements can cause it to burrow deeper into the body.

You can protect your pet by avoiding areas with tall seeding grass. Clipping long-haired dogs, especially between the toes will aid in prevention. After exercising your dog, check their coat carefully, removing any seeds. Look especially between toes, around the head and eyes and in the 'armpits'.. If you cannot remove a seed, contact your Vet as soon as possible since it will only become more deeply buried and harder to take out.

Once seeds become buried, it is often very difficult to find them. The entry point may or may not be visible, especially if it has migrated. Treatment can be very tricky at times often requiring an anaesthetic to explore an abscess and having to make several incisions in an attempt to find the seed.

Protect your pet from encounters with grass seeds. If your pet is having a problem due to seeds, contact your Vet as soon as possible to prevent a serious condition developing.



Zucchini Loaf with Lemon Icing

- | | |
|--|------------------------|
| 3 c plain flour | 1 t salt |
| 1 t baking soda | 1 t baking powder |
| 2 c caster sugar | Zest of 2 large lemons |
| 3 large eggs | 1 T fresh lemon juice |
| 1 1/2 t vanilla extract | 2 c grated zucchini |
| 1/2 c crushed pistachios | |
| 1 c light olive oil (not extra-virgin) | |

- Glaze**
- | | |
|-----------------|-----------------------|
| 2 c icing sugar | 3 T fresh lemon juice |
|-----------------|-----------------------|

1. Preheat oven to 160C. Grease and lightly flour two loaf pans. Set aside. Add flour, salt, baking soda and baking powder to large bowl. Whisk together to combine. Set aside.
2. In a separate bowl, add sugar and lemon zest. Rub together with your fingers until fragrant. Add eggs, olive oil, lemon juice, and vanilla to lemon zest mixture. Whisk together until smooth. Gradually stir in dry ingredients to wet ingredients until combined and batter is thickened. Stir in zucchini. Pour batter into prepared pans.
3. Bake for 60-65 minutes, or until skewer inserted in centre comes out clean. Place on cooling rack in pans for 15 minutes to cool. Loosen sides of loaf with a knife. Carefully remove loaves from pans. Leave to cool completely on rack.
4. Meanwhile, combine icing sugar and lemon juice in a small bowl. Whisk until completely smooth. Spread glaze over loaves. Top with chopped pistachios. Slice and serve.



Geraniums make great bedding plants but are also perfect for pots. If you plant in pots, always start with a fresh, good-quality potting mix. Adding stones or old broken pots at the bottom of the pot will help with the drainage. If your pots are in an exposed concrete area think about how hot they will get during the day. You can always elevate them onto some wooden batons or bricks. Painting the inside of a pot can also help. Remember to check what sort of paint or seal you're using first and whether it's appropriate for plants.



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MACKENZIE HIGHLAND PIPE BAND

The Mackenzie Highland Pipe band has been in existence for 108 years, without any down time! Sometimes numbers have been down to 3 – a Drum Major, a piper and a drummer but it kept going. Traditionally players and committee members have come from Fairlie and surrounding districts with one or two players from further afield. Currently over half of the band come from Pleasant Point and Timaru areas.

We would really like to encourage more local people to be part of the band. Most of our players are also Committee Members, so we also encourage people to be non-playing members.

A pipe band is based on the military where they originated and our 'title' reflects this.

Drum Major (the guy that is out the front) Neville Smith

Pipe Major (the lead piper, responsible for music and the person who makes many of the decisions) Ivon Hurst

Pipe Sergeant (follows up on the decisions made, encourages leading and involvement in the band – as do lots of others) Heather Fifield pandhfifield@farmside.co.nz

Pipe Corporal (similar to Pipe Sergeant)

Secretary – Anne Irving

Treasurer – Jackie Phillips

Custodian of Uniforms – Kate Geary

Chairman – Neville Smith

We have regular parades and gatherings and these include Fairlie Christmas Parade, New Year's Eve, Fairlie New Year's Day Parade, Kimbell Day and the Mackenzie A&P Show.

The Mackenzie Highland Pipe Band are looking for people to be part of their team. To be a Pipe Band we need pipers, drummers, Committee Members and helpers for special projects

If you are already a piper, we would welcome you to our ranks immediately. If you want to learn, there are a couple of ways that we suggest – see below. The earliest we would suggest is around about 9 years old and the oldest person we taught was 69 years old!! It's not about "I wouldn't have enough puff" or lung capacity but about technique. It's pretty much breathing naturally.

Learning to play the bagpipes:

- At present our Pipe Major goes to Fairlie, on a Friday afternoon, during the school term and is available for tuition of bagpipes.
- There are tutors available on SKYPE, most of our pipers learn from the same tutor with weekly lessons. Sometimes a piper will go to Christchurch for one on one lessons.

Learning to play drums:

- Currently our drummers are heading to Timaru once every 2-4 weeks for lessons in tenor and side drumming.

Band practice is Wednesday nights at the Band Rooms in Talbot Street.

Fairlie Accessible Issue 19-03



Looks like we are having some real February weather. The headers look impressive moving around the fields, there

are many boats passing through Fairlie heading to the lakes and swimmers using the local rivers to cool down.

The Brigade has had eight calls for the month - three scrub fires, two motor vehicle accidents, one medical, one to back up the Tekapo Brigade and one false alarm.

A house was saved due to the quick thinking of the owners. When they noticed the fire, they closed the door between the garage and the house and put towels under the door to reduce the air flow. This helped slow the fire down until the brigade arrived. The garage was damaged but the main house was saved, good work by all those involved.

The Brigade attended a stubble fire, which was quickly put out before the brigade arrived. A farm worker was trying to slow the fire from burning a power pole, but was overcome by smoke and was sent to hospital to be checked out. Just remember to put your safety first!

Regarding Fire Permits - as I put pen to paper there is an open season in the Fairlie area and restricted season in the High Country - by the time this goes to print, it could have changed. If you need to check, go to **Checkitsalright** and click on your location. You can also apply for a permit there.

I think everyone can see the area is drying out rapidly and there seems to be a lot of 'fuel' about after the good growing season. Take care out there and enjoy the good weather.

Wayne Dixon



Kiwi Treasures

Lake Tekapo Post Centre
03 680 6686

Supporters of the Fairlie Accessible



TEKAPO COMMUNITY BOARD - 30 January 2019

Public Forum: Annie Sullivan and Jainik Shah - mobile traders at Lakeside Drive are experiencing difficulties due to unsealed surface, lack of rubbish facilities and low awareness for custom. This trial location is considered ideal, but decisions are yet to be made around surface sealing, possible lease fee, rubbish etc, in light of an upcoming bylaw review. To come back to the Board before April.

Wilma van den Bosch; Concerns and suggestions around the growing hub at Simpson Lane.

1. Urgent need for pedestrian access - assurances that this is being progressed by Council; Abley Consultants transport report due for release.
2. Proposed use of old YHA? To be demolished - a plea that the site be considered for a mini-golf site rather than accommodation/carpark. Needs community input.
3. Suggestion that a 'Saturday Market' be initiated in the area. If no food offered for now, can proceed with minimal delay - Wilma to liaise with Karina at MDC.

Matters Under Action/Reports/General Business

- Boat ramp upgrade for safety: dialogue opened with Genesis.
- Eastern/Western carparks; Feb start scheduled.
- Church of the Good Shepherd: brilliant progress, credit to Richard Herlund and Gibson Bros. Garth Nixon also thanked. Planting and carpark marking to come.
- Speed Restrictions: Mayor Graham continues uphill battle, recent talks with NZTA senior management.

- Tekapo Footbridge renaming agreed by iwi: Signage to be discussed.
- Landscaping of walkway between Andrew Don Drive and Bill Apes Lane to begin initially with mowing and gravel.
- Spraying of Broom: please give feedback to Council on any areas not being covered.
- Reserve opposite Tekapo Community Hall: Board has requested trees to be established on the perimeter.
- Compactor at Hamilton Drive: awaiting parts, disappointing performance.
- Responsible Camping: Challenges remain nationally. MDC By-law up for review this year. The CEO Suzette Van Aswegen encouraged us to respond to the National Tourism Strategy as it deals with this issue
- Request re: Hall hire for yoga. Local rate to apply.
- Lochinver: Simple stile to be erected (between Lots 95 & 96 Mistake Drive) for access to Cowans Hill from pedestrian paths through this subdivision.
- Playground: Suggestion from Board to upgrade surface. Put on hold as there is still no decision around road planning and changes might be made to the site, e.g. a road. A higher level of funding would also be required.
- MDC Organisational Review is complete. The changes needed include staff resources and structure so that residents, ratepayers, visitors may be best served. Final decisions to be made at the end of February.

Next meeting: 13 March at 4.00 pm.

Orari Temuka Opihi Pareora Water Zone Committee

Saltmarsh gets a pinch of help from water zone committee

A small coastal saltmarsh wetland is getting a makeover with help from the OTOP Water Zone Committee and its landowner Timaru District Council.

The Ellis Road wetland is a mix of saltmarsh, wetland, and dryland and it is home to the at risk succulent plant *Thyridia repens*. It is also a popular recreational spot.

The water zone committee has allocated money from its Immediate Steps biodiversity fund to help control weeds and undertake

native planting to improve the health of the wetland. Wetlands provide an important habitat for wildlife and can improve water quality by working as a filter.

If you have a local biodiversity project that could benefit from funding support or want to learn more about caring for our environment visit www.ecan.govt.nz/biodiversity.

The coastal wetland is located to the north of Ellis Road just south of Timaru.

The Orari Temuka Opihi Pareora Water Zone Committee is a community led committee supported by councils.

[fb.com/canterburywater](https://www.facebook.com/canterburywater)





BUILDING SERVICE ENQUIRIES

The Mackenzie District is experiencing major growth and with that comes an increased workload for the building team. To ensure our Building Control Officers are available for any building enquiries, it is strongly advised to book an appointment. Please contact Leaine on 03 685 6396 if you wish to **make an appointment** to meet with a Building Control Officer.

And a reminder that if you have any building related documentation Council requires, please email through to building@mackenzie.govt.nz. For large files, please use a document sharing programme such as dropbox.



PIGEON VALLEY FIRE, NELSON



As everyone is aware, a devastating fire started in the afternoon of Tuesday 5th February in the Nelson Tasman district. Six days later the fire has now spread to over 2,300 hectares. 1,152 properties have been evacuated, impacting around 2,500 people, with another 200 properties (480 people) on standby to evacuate.

A State of Emergency was declared in the Nelson Tasman area from 8 am on the morning of the 6th February.

Several circumstances in Nelson are relevant to the Mackenzie District if we were ever to experience a similar fire or natural disaster. The following points are all worthy subjects to discuss with family and friends to agree on the best course of action:

- How would you receive information? Facebook, website, local radio station, information boards?
- How would you contact family if you are evacuated during work/school hours? Do you have an agreed meeting place?
- Have you got copies of important documents, including medication prescriptions?
- What would happen to your pets? Have you got travel cages, copies of vaccination records, and spare food?
- What would you take if you had 5 minutes to evacuate – cell phone and charger, money cards, extra clothing and appropriate footwear, sleeping bags, medication, important documents?

We are watching with amazement and trepidation as this event unfolds, as we did after the earthquakes. We should also be asking what lessons we can learn from these events so that we can be better prepared for an emergency event in our district or community.

If you need further information please don't hesitate to contact Phill Mackay, Emergency Management Officer at the Mackenzie District Council on (03) 685-9010.

Notice is given of the Annual General Meeting of the **Allandale Water Supply Ratepayers' Group** on Thursday 7 March 2019, at 4 pm in the Council Chambers, Fairlie

An agenda will be posted to all ratepayers on the Allandale Water Supply.

For more information contact the Committee Administrator, Mackenzie District Council, Ph 685-9010.

Creative NZ Creative Communities Scheme 2019

Applications for Creative Communities Grants are now open to local arts groups in the Mackenzie District.

Application forms and more information is available from your local council offices in Fairlie and Twizel, or at www.mackenzie.govt.nz.

For further information please contact:

Charlotte Borrell
Committee Administrator
Phone: 03 685 9010
Email: charlotte@mackenzie.govt.nz



Applications close on **Friday 1 March, 2019** at 5 pm.

Mackenzie District Council Notice of Meetings

Friday, February 15, 9.30 am Mackenzie Country Inn, Twizel	Upper Waitaki Water Zone Committee meeting
Tuesday, February 26, from 9.30 am Fairlie Council Chambers	Forestry Committee meeting Strategy Committee meeting Finance Committee meeting Asset and Services Committee meeting Planning and Regulatory Committee meeting
Monday, March 11, at 3 pm, Twizel Events Centre	Twizel Community Board meeting - Public forum at 3.00 pm
Wednesday, March 13, at 4 pm, Tekapo Hall	Tekapo Community Board meeting - Public forum at 4.00 pm
Thursday, March 14, at 4.30 pm, Fairlie Council Chambers	Fairlie Community Board meeting - Public forum at 4.30 pm
Friday, March 15, 9.30 am, Mackenzie Country Inn, Twizel	Upper Waitaki Water Zone Committee meeting.
Tuesday, March 26, 9.30 am, Fairlie Council Chambers	Full Council Meeting.

Jacqui Dean MP for Waitaki

If you would like an appointment with Jacqui in Oamaru, Waimate, Geraldine, Fairlie, Tekapo, Ranfurly, Central Otago, Kurow or Twizel please phone our office.

Oamaru Office
127 Thames St, Oamaru 9400
03 434 7325 • 0800 MP WAITAKI

National
Authorised by Jacqui Dean MP,
127 Thames, Oamaru.



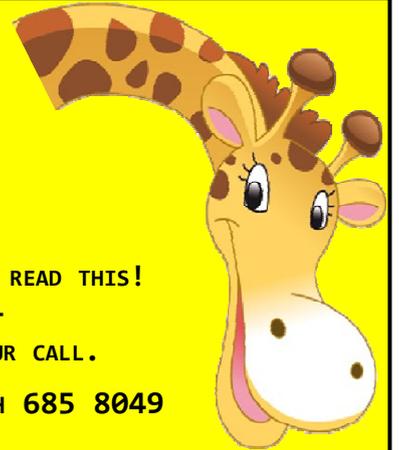
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Sunday Mass - 9.30am every Sunday in Fairlie

Last Sunday of every month

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in Tekapo at 6pm

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Annette Stanley

Branch Manager & Sales Consultant
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Kathryn May

Sales Consultant



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Rosemary Moran	685 8289
Ian McDonald	685 8208
Pat Pudney	685 6161
Warren Barker	027 610 0931

Please do not sign any documents before you see the JP. Please take the originals and copies of documents that you want verified.



MACKENZIE DISTRICT ARCHIVE

Please contact
Helen Beattie 685 6298 Rosemary Moran 685 8289
Maria Evans 027 289 5323

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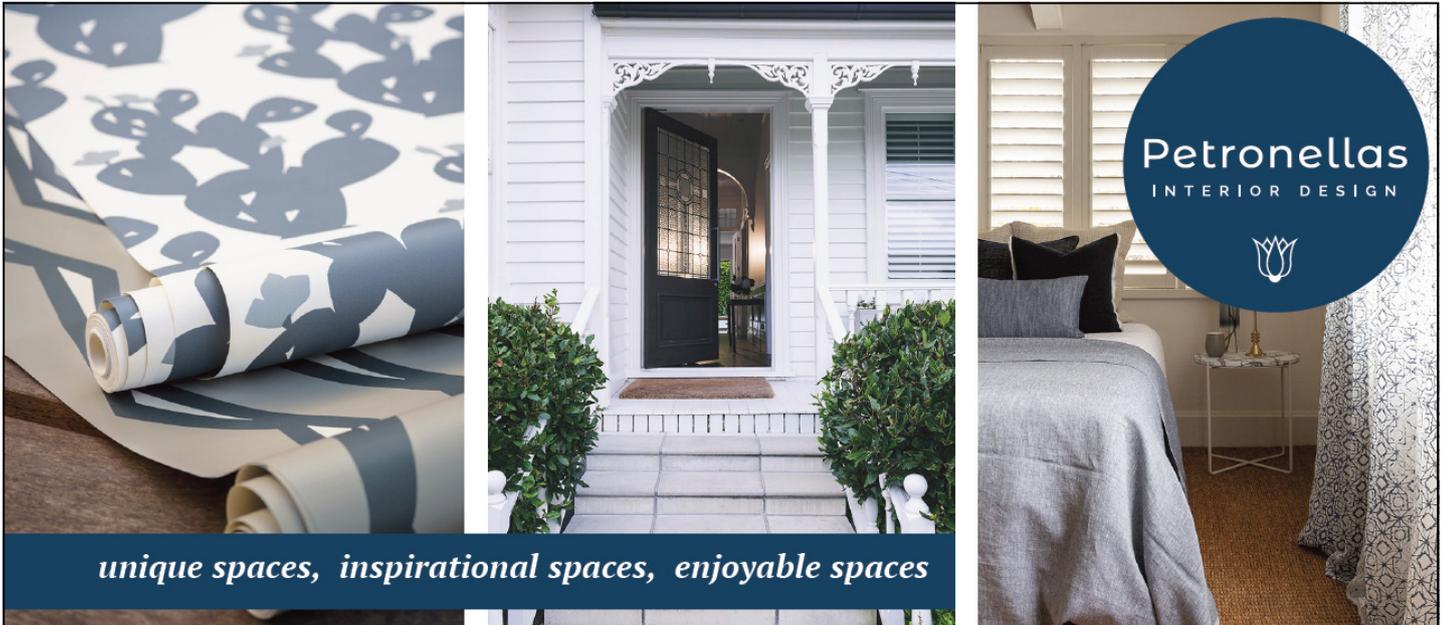
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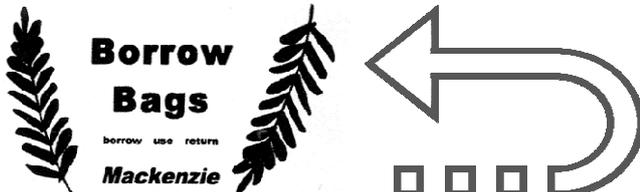
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Valentine's Day Afternoon Tea

Invitation to our "aging gracefully" locals!

2 pm McLean's Park- 14 February
(in St Patrick's Hall if chilly)

Let us know at Heartlands if you're coming for catering purposes thanks. We're happy to pick you up and drop you home, if required. Bring a chair!



- In 2011, Iran banned Valentine cards, gifts, teddy bears, and other Valentine tokens as part of an Islamic republic backlash against the spread of Western culture.
- On Valentine's Day 2000, the producer of Viagra, Pfizer, funded an impotence awareness day in Britain.
- The popular medieval folk belief that birds choose their mates on February 14 made doves a favorite symbol for Valentine cards. The dove was sacred to Venus and other love deities and was known for choosing a life-long mate.
- Valentine's Day was first introduced to Japan in 1936 and has become widely popular. However, because of a translation error made by a chocolate company, only women buy Valentine chocolates for their spouses, boyfriends, or friends. In fact, it is the only day of the year many single women will reveal their crush on a man by giving him chocolate. The men don't return the favour until White Day, a type of "answer day" to Valentine's Day, which is on March 14.
- Americans spend around \$277 million on Valentine cards every year, second only to Christmas.
- On Valentine's Day 2010, 39,897 people in Mexico City broke the record for the world's largest group kiss.
- The symbol of the ribbon, which often adorns modern-day Valentines, is rooted in the Middle Ages. When knights competed in tournaments, their sweethearts often gave them ribbons for good luck.
- The ancient Roman festival Lupercalia ("festival of the wolf") is considered to be one precursor to Valentine's Day. Celebrated from February 13-15, it was a purification and fertility ceremony. Reminiscent of the modern-day exchange of love notes on Valentine's Day, boys would draw a girl's name from a box on the eve of the festival and then escort her to the festival the next day.



What's Happening

February

- 14 Valentine's Day**
- 14 Valentine's Day Afternoon Tea McLean's Park 2 pm
 - 19 "St Vincent" Movie Mackenzie Community Theatre 1.30 pm
 - 20 Easy Exercise Classes Tekapo Community Hall 11 am
 - 21 Cooking Pickle and Relish St Pat's Hall 10 am
 - 23 Car Boot Sale Village Green 9 am
 - 23 Dog Training Day Blue Mountain Station 1 pm
 - 25 Borrow Bags Working Bee Heartlands 7 pm
 - 26 Carers Afternoon Tea Heartlands 2 pm
 - 26 E-BIKE Demo Lake Tekapo 10-2 pm
 - 27 E-BIKE Demo Lake Tekapo 2-6 pm
 - 27 Mackenzie Netball Supporters AGM Soft Tech Room 7.30 pm
 - 27 Fairlie Dinner Group Red Stag 6.30 pm
 - 28 Tiki Tours - Back Roads of Mid Canterbury

March

- 1/2 Mackenzie Collie Day Annual Trials Lake Tekapo
- 2 Recycle at the Gate 9 am - 4 pm
- 2 Lake Tekapo Saturday Market 8 Simpson Lane 10-2 pm
- 3 Pass2Pub
- 7 Allandale Water Supply Ratepayers' Group AGM Council Chambers 4 pm

PLASTIC FREE VALENTINE'S DAY



Next Closing Date - Friday 22 February

Email: accessible@xtra.co.nz Phone: Heartlands 03 685 8496 Editor: Anne Thomson Collator: Janine Walker

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