

Daylight saving

Daylight saving ends when clocks go back by 1 hour at 3am on 5 April 2020.



1 hour



THE FAIRLIE ACCESSIBLE

ISSUE 20-06

Delivered FREE to residents of Albury • Fairlie • Lake Tekapo and Districts

25 MARCH 2020

Protect yourself and others from COVID-19



Wash your hands with soap and water often (for at least 20 seconds). Then dry.



Cough or sneeze into your elbow or by covering your mouth and nose with tissues.



Clean and disinfect frequently touched surfaces and objects, such as doorknobs.



Don't touch your eyes, nose or mouth if your hands are not clean.



Put used tissues in the bin or a bag immediately.



Stay home if you feel unwell.

For updates and more information on keeping yourself safe, visit [Covid19.govt.nz](https://www.covid19.govt.nz)

New Zealand Government

Unite
against
COVID-19

URGENT MESSAGE FROM THE FAIRLIE MEDICAL CENTRE PLEASE READ

We have received a 'Call to Action' from the Royal College of General Practitioners to 'Go Hard, Go Early'. They have requested that we reduce face to face consultations with patients by 70% in order to reduce the spread of COVID -19 in the waiting room. Information from Italy suggests that doctor waiting rooms contribute significantly to the spread of COVID -19.

**Therefore there will be no appointments without a triage phone call first.
Also there will be no 'walk ins'.
You MUST ring the Medical Centre first.**

During these exceptional times, you will need to self-manage minor ailments and injuries. Screening examinations are likely to be put on hold unless clinically indicated for the time being.

Flu vaccinations will go ahead as planned but patients are requested to attend with another person by car. This is because they will be required to wait for the 15 minutes after the vaccine in the carpark in the company of someone who can get help should the patient have a reaction. Again we have initiated this policy in order to keep patients safely away from the waiting room.

If we all follow these instructions, we will have a better chance of being able to keep the Medical Centre open for those that really need it.

Thank you for your co-operation during this difficult time.



Be kind. Check-in on the elderly or vulnerable.

Make a difference by:

- checking-in on any elderly or vulnerable people you know
- dropping supplies to those at home sick.

Find out more at [Covid19.govt.nz](https://www.covid19.govt.nz)

New Zealand Government

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COVID-19

Protect yourself and others against COVID-19

How it spreads

COVID-19, like the flu, can be spread from person to person. When a person who has COVID-19 coughs, sneezes or talks, they may spread droplets containing the virus a short distance, which quickly settle on surrounding surfaces. You may get infected by the virus if you touch those surfaces or objects and then touch your mouth, nose or eyes. That's why it's really important to use good hygiene, regularly wash and thoroughly dry your hands, and use good cough etiquette.

Prevention – how to protect yourself and others

- Cough or sneeze into your elbow or by covering your mouth and nose with tissues.
- Put used tissues in the bin or a bag immediately.
- Wash your hands with soap and water often (for at least 20 seconds).
- Try to avoid close contact with people who are unwell.
- Don't touch your eyes, nose or mouth if your hands are not clean.
- Avoid personal contact, such as kissing, sharing cups or food with sick people.
- Clean and disinfect frequently touched surfaces and objects, such as doorknobs.
- Stay home if you feel unwell.

Call Healthline on [0800 358 5453](tel:08003585453) if you have any symptoms and have been recently been overseas or have been in close contact with someone confirmed with COVID-19.

What to do if you may have been exposed

People who have recently been overseas, or who may have been exposed to COVID-19, are required to self-isolate to keep their communities safe.

- If you have been overseas in the last 14 days, then you should self-isolate for 14 days from the date of departure.
- If you have been in close contact with a confirmed case of COVID-19 you should self-isolate for 14 days from the date of close contact.

We know from other outbreaks that self-isolation is effective, and most people are good at keeping themselves – and others – safe and well. To find out more, see our [Self-isolation resource](#).

More information for contacts of cases in New Zealand is available at [Contact tracing for COVID-19](#).

Dedicated Healthline 0800 number for COVID-19 health advice and information

The number is [0800 358 5453](tel:08003585453) (or for international SIMs [+64 9 358 5453](tel:+6493585453)).

It is free and available 24 hours a day, 7 days a week.

People calling that line will be able to talk with a member of the National Telehealth Service. They have access to interpreters.

You should call that dedicated number:

- to register if you have self-isolated yourself
- for any coronavirus health advice and information and any questions you have about coronavirus, self-isolation etc.

Healthline's main number is still the one to call for non-coronavirus health concerns – [0800 611 116](tel:0800611116).

Whichever number you call, you will get professional health advice and information.

What's NOT Happening!

SHOP LOCAL

Where you can! Thank you so much to our essential services workers - we are all thinking of you and so appreciate what you are doing to keep us all safe!

Remember everyone - be kind, be patient! This too will pass and there will be light at the end of the tunnel.

(pictures taken prior to Level 3 announcement)





The Champion of Champion Pairs were held on the Fairlie Green on Sunday 15th March. The Fairlie team Bruce Dunbar and Stuart Barwood did exceptionally well to reach the final. This was won by the Waimate team. Waimate also taking out the Ladies title.



Congratulations to Daniel Dobbs and Kieran Harris who won the Aoraki Secondary School Bowling competition held in Oamaru on Friday 13th March. The pair played 5 games and won 4 to reach the final.

Mackenzie Ice Hockey 2020 Season



**Opening Night
Monday 4th May**



**Free Skating
Bring a friend to give it a go.
Gear Hire
BBQ**

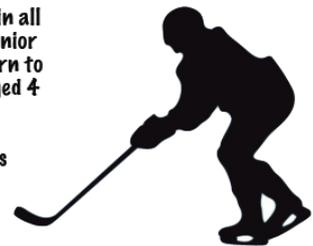
5.30 pm

Have you ever thought that you would like to give Ice Hockey a try? Then now is your chance to give it a go.

Mackenzie Ice Hockey has teams in all age grades - U12, U15, U18 and Senior Non Checking. There is also a 'Learn to Play Programme' for beginners (aged 4 years and older).

The club has all the gear that is required available for hire.

For any enquiries contact:
**Ordnella Simmonds
0275 505 807
(after 3.30 pm)**

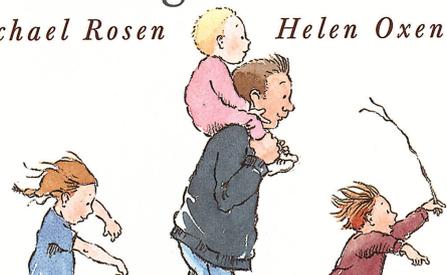


Let's start a Bear Hunt!

Pop a teddy bear in your window so that families can go on a "bear hunt". Awesome thing for kids and families to do while going for a walk or a drive in Fairlie.

We're Going on a Bear Hunt

Michael Rosen Helen Oxenbury



ActiveHealth
More than just great physios
PHYSIO
Tuesdays & Thursdays from 7.30
Fairlie Medical Centre
www.activehealth.nz **03 683 1122**

Keep Your Brain Active

There is accumulating evidence that a whole host of other activities can help keep your brain young even as you age.

Take dance lessons

If you get the chance – dance! Maybe Fairlie needs some old time dances! Line dancing! Dancing is a complex activity that improves blood flow to the brain which has been shown to improve brain connections. It also provides mental challenges. Check out lessons on You Tube!

Play games

What about this? A 2013 French study found a 15 per cent lower risk of dementia among people who played board games versus those who did not. This helps build cognitive reserve, especially playing board games like Monopoly. These activities buffer against the disease.

Read more or less

While getting stuck into books is good for the brain in general, reading fewer books and articles so you can give them each more focused attention may be even better.



Change your font

Next time you have to print something, consider changing the typeface before you print. Chances are, the docs came to you in an easy-to-read font like Arial, but switching it to something a little less legible like Comic Sans may improve your comprehension and recall of the information. When you exert more effort, your brain rewards you by becoming stronger.

Unitask

While you might pride yourself on your ability to multi-task, you might want to rethink your behaviour. Research has shown that doing one thing at a time – not everything at once –strengthens higher-order reasoning, or the ability to learn, understand and apply new information.

Write about your stress

Writing gets rid of intrusive thoughts then working memory increases. So if something's bothering you, don't bottle it up. Write it down.

Play a video game

Playing puzzle games on an Xbox may have the same effects as brain-training games. And depending on what you play, they may be even more effective. We don't mean the pokies!

Wash the dishes

According to one study, washing the dishes, cooking and cleaning can add to your daily activity total and are linked with a reduced risk of dementia. In the study, people with the least amount of total physical activity were more than twice as likely to develop Alzheimer's compared with people reporting the most activity.

Do you have your Emergency Kit ready?

With the days starting to get colder, and talks of a virus on the horizon, it's a good idea to check up and renew your emergency kits.

It is good to remember that the snow can sometimes take out the power lines for days, and, in winter, it's all too common that the water pipes will freeze. This year, with the concern of Corona-virus, and needing to spend weeks cooped up at home. Power and water services will not be affected, but it means that you need more of certain supplies such as food and medicine.

A basic emergency kit should include the following:
Bottled water – it is recommended to have at least nine litres set aside for each person in a family. It is good to have extra for other things such as washing.

- Can opener
- Matches or lighter
- Face masks
- Blankets or sleeping bags
- Basic first aid kit
- Flash-light
- Small cooker
- Spare water-proof clothing

In addition, and especially for the elderly, it is a good idea to have two weeks supplies of the following on hand should they apply:

- Non-perishable foods – canned food and crackers are a good option.
- Toilet paper and other regular use items.
- Any medical supplies for people in the family that use them regularly.
- Pet food
- Baby food
- Hand sanitiser

Please remember to renew the medicine, food and water in your kit every two years.

It's also a good idea to write up a list of numbers and websites to remember in an emergency, and put that with your kit. It can be hard to find out who to call or where to look in an emergency and having this prepared can save some panic. Adding an inventory list on it helps as well.

Remember, there is no shame in wanting to keep yourself safe.

Don't give into paranoia but don't let others shame you out of preparing an emergency kit if you do need one.



ANZAC Day

Kia Ora everyone,

As I'm sure many of you have already noticed, the Covid19 situation has developed significantly. In the interest of public safety and efforts to minimise the spread of the virus, all RSA and RSL services this year are put on hold.

As the President of the Mackenzie District RSA, I will be communicating with our members, as well as the public, to generate an appropriate action plan to hold a service and memorial by other means.

ANZAC day is a day for remembrance and community, and with technology, we are fortunate to have many other ways in which to be unified and to pay our respects.

This is not the first time the world has plunged into a state of panic, anxiety and confusion. It's our will to persist and survive, our human instinct to care and provide support for those less able, and our power as creative thinkers to come up with solutions that will keep us together and bring us closer to a resolution in the times ahead.

By remembering those gone before us and the trials that faced them, we too can survive and make it through as a community.

I am always contactable by cell phone if you or anyone else has questions or concerns.

More to follow.

Ryan Gilbert

President of the Mackenzie District RSA

027 655 6616

MackenzieRSA@gmail.com



ANZAC DAY IN FAIRLIE

Take a walk, enjoy the beautiful autumn colours and be grateful for all that we have, even in the midst of this crisis! Please go visit the white crosses that will adorn the area in front of the Fairlie Memorial and be thankful for the sacrifice that these men made for us!

The entire Mackenzie, in fact the entire nation is welcome to come join us, the Fairlie Gateway Singers and stand at the gate at 10 am on ANZAC DAY and sing verses of the New Zealand National Anthem!

Heartlands will happily give you a little A4 ANZAC Flag created by local school children to stick on your letter box for ANZAC DAY! Just give Heartlands a call and they will drop one in your letterbox!

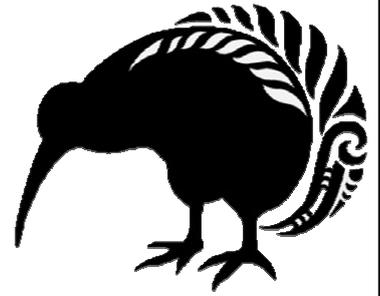
Furthermore Heartlands has New Zealand Flags on sale to hang on your house or flagpole!

Ring Anne 027 285 8824.

How grateful are we to live in Aotearoa?

God of Nations

E Ihowā Atua,
O ngā iwi mātou rā
Āta whakarangona;
Me aroha noa
Kia hua ko te pai;
Kia tau tō atawhai;
Manaakitia mai
Aotearoa



1. God of Nations at thy feet,
In the bonds of love we meet,
Hear our voices, we entreat,
God defend our free land.
Guard Pacific's triple star
From the shafts of strife and war,
Make her praises heard afar,
God defend New Zealand.

2. Men of every creed and race,
Gather here before Thy face,
Asking Thee to bless this place,
God defend our free land.
From dissension, envy, hate,
And corruption guard our state,
Make our country good and great,
God defend New Zealand.

3. Peace, not war, shall be our boast,
But, should foes assail our coast,
Make us then a mighty host,
God defend our free land.
Lord of battles in Thy might,
Put our enemies to flight,
Let our cause be just and right,
God defend New Zealand.

4. Let our love for Thee increase,
May Thy blessings never cease,
Give us plenty, give us peace,
God defend our free land.
From dishonour and from shame,
Guard our country's spotless name,
Crown her with immortal fame,
God defend New Zealand.

5. May our mountains ever be
Freedom's ramparts on the sea,
Make us faithful unto Thee,
God defend our free land.
Guide her in the nations' van,
Preaching love and truth to man,
Working out Thy glorious plan,
God defend New Zealand



The Wider District

Saturday Market Lake Tekapo – Update

Wow! We have been going for a year now. Who knew when Wilma and I sat down over a cup of tea to come up with an event, that would knit our community together once a month. Well we did it!

Saturday Market Lake Tekapo has now become a melting pot of arts, craft, food and small business, once a month on Simpson Lane.

We are so very grateful to Lake Tekapo Promotions and Business Association for partnering with us and supporting us. Massive kudos to Tekapo Community Board and Genesis Energy for their donation to keep us going. Also, a big THANK YOU to our stall holders travelling near and far and being a huge part of our success. If you are interested in having a stall, please email laketekapomarket@gmail.com.

We have reinvested the donations in to making reusable coffee carrying bags to keep the funds flowing and enable the Market to be registration free. Ditch those cardboard carriers, support local and purchase one that you can keep in the car and reuse again and again. You will also be able to purchase them through our Facebook page. All proceeds go directly back into the market.

Keep an eye out on the 'Tekapo Community' face book page for updates on upcoming markets.

Watch this Space!



Fairlie Accessible Issue 20-06

THE BOOK OF KNOWING

Know how you think, change how you feel.

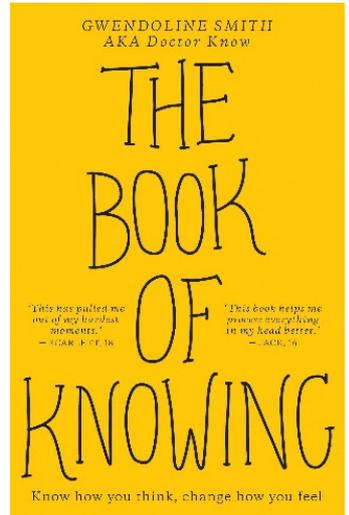
By New Zealand clinical psychologist Gwendoline Smith. Published by Allen & Unwin.

Friday April 3 is Gumboot Friday. On this day, funds are raised by the Key to Life Charitable Trust for free counselling for young people. Coinciding with this much needed cause, Petronella's Gallery and Bookstore together with publisher Allen & Unwin, will donate 7 copies of *The Book of Knowing* to young people in the Mackenzie District who are battling with mental health or to those who want to be supportive.

The cool thing about *The Book of Knowing* is that it is written in clear and easy-to-read language, aimed at adolescents. Gwendoline Smith, who is a clinical psychologist, explains what is happening when you are feeling overwhelmed, anxious and confused. She gives young people a tool to examine their thinking and a sense of control over their thoughts and feelings. As one mother said: "This book has given our daughter life's most essential skill: the ability to notice and manage her thoughts. This skill has fundamentally changed her present and her future. We will be forever grateful."

Please let Wilma know if you would like one of the 7 free copies of this book. If there are more than 7 requests for this book, she will draw randomly from the names on Friday 3rd April.

Petronella's Gallery and Bookstore, 027 154 1014
info@petronella.co.nz, www.petronella.co.nz



Petronella's
GALLERY AND BOOKSTORE

BOOKS - ART - STATIONERY - GIFTS

8 Simpson Lane, Lake Tekapo Ph: (03) 6806789 / 021 1541014
(just west of the 4 Square Supermarket) www.petronella.co.nz

Kiwi Treasures

Lake Tekapo Post Centre
03 680 6686

Supporters of the Fairlie Accessible





SCHOOLS CALENDAR

ALERT LEVEL FOUR: ELIMINATE
Likely that disease not contained

- People to stay at home
- Educational facilities closed
- All non-essential businesses closed
- Rationing of supplies and requisitioning of facilities
- Severe travel restrictions
- Major reprioritisation of healthcare services



Fairlie Area Kindergarten

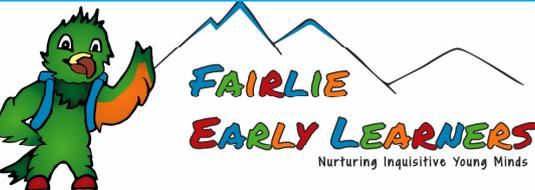
03 685 8505

12 Sloane Street Fairlie
fairliearea.kindergarten@sck.nz

30 free hours for children over 3 years.
Spaces available for children 2 years and over.
Enquiries welcome now.

Encouraging Words and Phrases

- You should be proud of yourself.
- Look at your improvement.
- I can tell that you worked really hard on that piece of work.



FAIRLIE EARLY LEARNERS
Nurturing Inquisitive Young Minds

We are a purpose built preschool offering the highest standard of early childhood education for children aged 0-6 years. Open 8 am—5 pm Monday—Friday (including school holidays)
We offer 20 hours ECE and WINZ subsidies are available.

19 Hamilton Street, Fairlie
Phone: 03 685 6263
Email: admin@fairlieearlylearners.co.nz

Fostering opportunities for literacy learning at kindergarten.

"Books and storytelling give children the opportunity to develop the knowledge, skills and attitudes they need to use complex symbol systems that make up our society. Sharing books and reading is a vital activity for children's development. Children who experience and enjoy reading books with others develop a positive attitude towards books. This will help them when they learn to read" (Ministry of Education).

At kindergarten one of our curriculum priorities is mana reo, communication. Nurturing and fostering intentional opportunities to expand on tamariki's oral communication and literacy based experiences is learning that is valued here. By fostering strong links to reading at home, kindergarten and in the wider community we are nurturing the reading interests of our tamariki.

Recently we invited Bron from the Mackenzie Community library to come to kindergarten to share some stories with tamariki. Literacy encompasses music and rhyme and Bron included these elements in her repertoire. Tamariki enjoyed joining in with a puppet play and a familiar song before meeting Parelli the possum in a story.

Bron left some library books for us to share with tamariki at kindergarten.



- I noticed you were patient/kind/caring/forgiving, etc.
- What do you think about it?
- You seem to really enjoy science/reading/spelling etc.
- Your hard work paid off!
- That's a tough one, but you'll figure it out.

Education

Fairlie Primary School has announced its House Leaders for 2020. Congratulations to Courtney O'Leary, Johnny McCabe, Toby Linklater, Elizabeth Bates, Neve Kellahan, Liam Brown, Gus Biggs and Maisy Judd (pictured at right).



These students have shown their ability to lead small groups of children in sport based activities. They have also shown that they can communicate effectively with teachers about how to make the school a better place, a skill which is valuable in Fairlie Primary's PB4L (Positive Behaviour for Learning) journey.

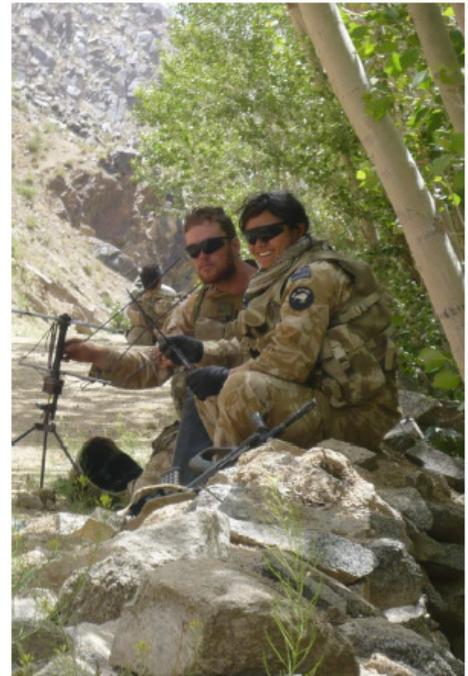
Above all, these students have shown they can uphold the school values in their trial period and have pledged a commitment to continue this in the future. Well done!

- Look how far you've come!
- The time you're putting into your home learning is really paying off.
- I love being with you.
- That's coming along nicely!



News from St Joseph's Fairlie - recently we celebrated St Patrick's Day, hosted the Mackenzie Small Schools Swimming Sports, our triathlon team competed in Timaru and our students are enjoying creative play in the sandpit and huts.





ANZAC DAY

Who is the NZ Soldier?



WW2 Home Guard - Mackenzie County



Mackenzie District Schools
Short Story or Poetry Competition
25 April 2020

Is it a brother, sister, Father, Mother, Uncle, Aunty, Grandfather,
Grandmother, Neighbour or Mate?

Write a short story or poem on who you think the NZ Soldier is.

Tell us in 500 words or less and enter the competition to win!

Entries close Thursday 23rd April 2020

Email entries to mackenziecommunityfairlie@gmail.com

Lake Tekapo

Penny Wilson - 0210 232 2741
mackenziecommunitytekapo@gmail.com



Connecting Tekapo through Neighbourhood Support

Looking out for our neighbours is a community strength that we can draw on in times of hardship – whether it's a big snow, an earthquake or a pandemic virus. It is reassuring to know that people in our neighbourhood are able to help us if we need it.

We were looking to launch a Tekapo Neighbourhood Support programme in Lake Tekapo at a morning tea on the 7th April. We have decided to postpone the meeting, however we will be sending out information to all households and through social media and businesses this week. Individuals are encouraged to sign up using the supplied registration sheet. If you register before Friday 3rd April, you will receive a 'hope' delivery to your door or email as part of our Gumboot Friday campaign.

This is one way we can stay connected in the weeks ahead, as we support and encourage one another through this time.



Mental Health – it's important and it's ok to ask for help!

Across the Mackenzie, we are raising funds and awareness to support mental health on Friday 3rd April. This is also an opportunity to highlight the importance of seeking support for your own mental health and wellbeing. It's ok to ask for help!

Gumboot Friday is an initiative developed by the 'I am Hope' project. Having depression is like walking through mud every day. So to show your support, put your gumboots on, give a donation, and take a walk in their shoes for just one day. All funds raised from this initiative will provide FREE and timely counselling for any young person in need.

Visit <https://www.iamhope.org.nz/gumbootfriday> for more information on the project, how to access counselling services or to make a donation. This is also an opportunity to spread a message of hope in our communities. Volunteers in Lake Tekapo will be sending messages of hope to every household across their community. #hopehub

Borrow Bags
borrow use return
Mackenzie

RETURN REMINDER!
Please return Borrow Bags

Fairlie

Lisa North - 685 8496
mackenziecommunityfairlie@gmail.com



I have been learning about propagating New Zealand plants and have now been waiting five months for my kowhai seeds to start germinating ... alas, no luck. Just last weekend I was grubbing gorse and thistles along the creek and came across two kowhais that have popped up on their own. I love that! Nature has a wonderful way of taking care of itself.

For a couple of days last week in New York, emissions of carbon monoxide fell by 50%, carbon dioxide fell by 5 – 10%, with a solid reduction in methane as well. These findings were echoed in COVID-19 hotspots in China and Northern Italy. Scientists predict that overall carbon emissions this year will fall. That's a positive!

As we are so intricately linked to nature, let us take care of ourselves during this crazy time and keep our spirits up with some positive stories of social cohesion. Share these with our Fairlie Accessible.

Communities are coming up with some innovative and imaginative ideas to help people get through times of increasing social isolation. Just look at the Italians standing on their balconies with their instruments and singing to each other.

We can still exercise; take a walk, bike ride, dance and sing. It's a great time to catch up with things we enjoy doing, but never have the time, knitting or crocheting that grandchild's jersey, doing a crossword or sudoku, painting the masterpiece for the lounge room or actually painting the lounge room.

It's a perfect time to collect the firewood or meet your neighbours over the fence, fix the fence, phone a friend and have a chat, with a cuppa. Make it a conference call and you can have a great laugh with a few friends and feel connected. I thought it was a wonderful idea when the media reported on friends who had moved in together to help stave off the loneliness.

Isolating is a lonely word isn't it? We can still be social, still connect with our neighbours, family and friends, but just keep our distance. We've had "air kisses", now we can have "air hugs", two metres apart.

Anyone feeling lonely is welcome to come up and spend some time in my garden and hug a tree - bring your secateurs and a spade!

Moreh - is closed to all visitors immediately.
A plan is in place for Meals on Wheels to continue.

Our Community



Fairlie Garden Club

The weather could not have been better when the Garden Club girls headed to Geraldine on March 16 to visit four gardens.

With good ideas on plants and placements, a smaller section can become a work of art. Helen Simpson's garden was a sight to behold with a range of perennials, rhododendron and succulents with fruit trees mingled amongst a range of treasures, some of which travelled over with her from her Tekapo garden.

Late flowering perennials and touches of Autumn could be seen in three other gardens visited with the explosion of colour from red nerines, colchiums and virginia creeper. The properties visited provided a magnificent view over the Canterbury plains and the mountain ranges.



Light up our little world!

Frightened? You bet! Worried? More than a tad! Ready to bring light into our lives? Let's decorate our houses with lights and displays of happiness over the next month or more! Create Fairlie lights in the trees or in the windows! Join us to light up your life!



- NZ Post Shop & RD 14 Rural Delivery
- McKeown Petroleum 24/7 Card Fuel
- Open 6 Days (closed Sundays)
- Supporters of the Fairlie Accessible

Pear & Ginger Cake/Pudding

- | | |
|-----------------|-------------------|
| 125 g butter | ½ c golden syrup |
| 1 ½ c flour | 1 t baking powder |
| 1 t baking soda | 2 t ginger |
| 2 c brown sugar | 2 eggs |
| 1 c milk | |
- 2 good sized pears chopped into small pieces or leave as thin slices
6-7 pieces of ginger chopped in small pieces
1. Soften butter and beat with syrup and sugar. Add eggs and continue beating.
 2. Dissolve baking soda in milk and add to mix. Add sifted dry ingredients and add to mix. Put in 23cm tin lined with baking paper.
 3. Chop pears and ginger pieces, put on top of mixture and press down pieces to go under mix.
 4. Bake for 50 mns or until cooked at 180°C.
 5. This is a lovely moist cake. Serve as a dessert with yoghurt, cream or ice cream.



✓ Non Homogenised ✓ Non Pasteurised ✓ Environmentally Friendly ✓ Free Range

Home Deliveries
\$4 PER LITRE

Vending Machine
\$3 PER LITRE
at 22 Fairview Road

info@realmilktimaru.co.nz | 22 Fairview Road, Timaru
www.realmilktimaru.co.nz

REAL MILK DELIVERY EVERY WEDNESDAY

We can now take casual orders @ \$4 per litre.

Contact Heartlands to place your order - 685 8496

FAIRLIE FOODBANK

Fairlie operates a Foodbank through Heartlands in Fairlie with contributions from residents! To access the Foodbank please contact Anne at Heartlands (leave a message) - this may be a pandemic but you don't need to starve!

DONATIONS GREATLY NEEDED
By arrangement with Heartlands!

Musical Theatre NZ Merit Award

- Deborah O'Neill



Congratulations to Deborah O'Neill in receiving a prestigious Merit Award from Musical Theatre NZ.

Deborah has accumulated and dedicated over 50 years of her time to drama. Her story began in 1967 with Trinity College of Music London.

Deborah has a huge list of accolades but during this time, she has directed 19 shows and many school productions. She is a qualified Speech and Drama Teacher (Trinity College ATCL, LTCL and FTCL) and an assessor of local schools NZ speech assessments.

The Mackenzie Theatre Group are very honoured and proud to have the expertise and knowledge that Deborah has given to us and our community. A very deserving national award to an outstanding woman.

On behalf of the Mackenzie Theatre Group, I would like to take this opportunity to congratulate Deborah on such a prestigious award. We are very lucky to have a lady of her calibre in our community.

Michelle Moore
PRESIDENT



Turnbull Grain and Seed Ltd purchases Harrison's Grain and Seed

After 11 years of owning and running Harrison's Grain and Seed, Joe and Anne Harrison have sold the seed dressing and retail seed business to Turnbull Grain and Seed Ltd. Murray Duff, Manager of Turnbull Grain and Seed would like to thank Joe and Anne for the opportunity to purchase their business and their help in making the change of ownership so straight forward.

Turnbull Grain and Seed are keen to continue and build on the reputation that Harrison Grain and Seed has earned of trustworthy, independent advice on retail seed varieties. Importantly Mark Buckley is staying on, which will be a great help in both maintaining the relationships with existing clients and the day to day running of the seed store and dressing plant. Hamish Holland will be basing himself out of the Fairlie Store as an Agronomist, working in with Mark on the retail seeds and also being able to offer agrichemical advice and sales.

In August 2015 Turnbull Grain and Seed Ltd was formed. The shareholders consist of the parent company DC Turnbull Ltd a family owned company who have a 125 year history in agriculture in the South Canterbury area, Murray Duff and Hamish Holland. Both Murray and Hamish have ties to the Fairlie area.

If any existing or potential new customers have any queries or concerns please feel free to contact:

Murray 027 434 4326

email: murray@turnbullgrainandseed.co.nz

Hamish 027 434 4569

email Hamish@turnbullgrainandseed.co.nz

Mark Buckley 027 250 7754

Entertaining bored kids?

One of the things you could get the kids to do is to design a flag for ANZAC Day! We can send you the template from Heartlands fairlie@xtra.co.nz or you can just create it yourself with an area at the top to turn over!

The flags can be dropped in the letterbox at Heartlands and we will decorate the town for ANZAC DAY! You can then go walking and see them – but no contact with others!

HOPE FOR ALL

Anyone is welcome to come along and explore this message of HOPE at an informal, mixed age discussion group.

Tuesdays at 10.00 am

103 School Road, Fairlie - Jodi Payne 685 8181

Wednesdays at 7.30 pm

Peter and Chrissie Bell 685 8415

www.hopeproject.co.nz and www.10daychallenge.co.nz

TEKAPO COMMUNITY BOARD

PUBLIC FORUM: 10 members of the public attended.
No concerns presented via Public Forum.

MATTERS UNDER ACTION:

- Utilities Manager Geoff Horler spoke about the sewage stench situation. He advised the sewage pond at Lake Tekapo had not been de-sludged for 20 years and he was waiting on a price to get this done. Meanwhile to minimize the stench, no contractors were allowed to dump septic waste into the pond and this has raised oxygen levels with no smell. Mr Horler advised the sewage pond was efficient and would serve the community for at least the next 10 years.
- **Notice of Rescission** – Shared Pathway on Tekapo Waterfront. The chairperson explained the background to this issue and said the Community Board had listened to and heard the concerns of the community since the last meeting. Therefore it wished to rescind the previous resolution related to the shared pathway on the Tekapo Waterfront. Roding Manager Scott McKenzie addressed the Board and explained various options for the Pioneer Drive pathway. Final resolution: that the Tekapo Community Board consults with the community over the next two weeks and notifies the Roding Manager of its recommendation to Council, then ratifies that recommendation at the next Community Board meeting.
- Two options presented by Tekapo School students for naming of D'Archiac Reserve.
 - Maukatua Reserve, which is the Maori name for Mount Sefton which can be seen from the reserve.
 - Atua Rangi Reserve, meaning God's Sky, reflecting the Dark Sky Reserve in the district.Board asked council staff to consult with Runanga on suggested names, with a decision to be made at the next meeting.
- **Western Carpark** – Being re-marked. Four buses are being directed to down by the bridge.
- **Community Hall** – Price for pull-down projector screen to come from council staff at next meeting.
- **George Scott Walkway** – Charlotte Borrell to meet with TJ from Tekapo Trails to discuss trails around Tekapo.
- **Bus Shelter** – Scott McKenzie is working on a plan for the bus shelter.
- **60km speed limit** – More information has gone back to NZTA. Waiting for them to move forward. They have asked for more pedestrian crossings.
- **Boat Ramp Access** – on hold. Scott McKenzie to come back with plans.
- **Cowan Hill Walkway** – This land is owned by Ecan and DoC or is SH road reserve. Council has very little influence on this area. Scott McKenzie can raise with NZTA extending the gravel walkway down the road reserve.
- **Lochinver Irrigation** – Charlotte Borrell offered to reply to Mr Wilkins email as he was unable to be at meeting.



Trevor Kerr

Thank you to all who visited, sent cards and for the beautiful flowers we received at the time of Trevor's passing. Edna and family very much appreciate the support and caring extended to us all at this time. A heartfelt thank you.



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- **Demolition of the Tavern** – People are expressing concern about rats. The chairman has approached the tenant who thinks the landlord has applied for consent to demolish. The Mayor offered to seek more information and come back to the Community Board.
- **Old Earth and Sky Building** – to follow up with Property Manager Mark Samways.
- **Boardwalks and Shade Sales** – The board approved to proceed with the construction of a boardwalk over swale beside Four Square carpark and over the wet area adjacent to main playground. The building of a double table cover with sunshade in the playground was also approved to proceed.
- **Barbara Hay Reserve** - Suggested plan for the landscaping of the Reserve was received and the board agreed to move ahead with the design subject to seeing pricing for the project.
- **Rubbish near skip at YHA Building** – Concerns have been raised about rubbish being dumped next to this skip. Council are planning to trial a compacting rubbish bin in that location.

Next Meeting: 22nd April, 4 pm
Steve, Caroll, Sharron, Chris

South Canterbury Federated Farmers

Farming is getting more interesting and challenging as the years go by.



This year has especially been challenging and rewarding, with a little bit of uncertainty to add spice. The farming year in South Canterbury started with one of the driest winters I have experienced in my farming career. This was welcomed as the lack of mud meant good feed utilization, happy animals and happy people. Stock came out of the winter in good condition and this led onto good production through spring. Crops in the area also prospered from the mild winter and good spring conditions. The dry our region has experienced since mid-December while being a benefit for cropping farmers during harvest, has been quite tough for farmers in the stock industry.

The outbreak of Covid-19 virus (coronavirus) has created disruption to the world like we have never seen. The full effect the virus will have on the world economy remains to be seen but is tipped to be sever. The uncertainty in our markets has disrupted the flow of produce to processing plants and supply chains overseas. This has created a backlog of produce with processing plants running out of space to store product and couldn't have happened at a worse time. In dry periods access, to unload surplus stock to processing plants is crucial to dryland farming operations. Let's hope for all of us things get back to normal soon and the long-term effects of this virus are minimized.

Getting around the countryside, I am always heartened by the way rural communities look after each other. Our communities would not function without the help of volunteers and folk pitching in when people are caught up in adverse events. An example of this was the response to the recent flooding at Rangitata and how the public rallied around affected farmers. The help volunteers offer goes beyond the physical work they do, it also creates and enhances the feeling of community. In tough times this makes the difference to families caught up in the event reassuring them they are not alone.

So with what we are currently facing, look after each other and don't be afraid to ask for help.

Jason Grant

Provincial President

South Canterbury Federated Farmers



COVID-19 A Community Response

Our message at Heartlands Fairlie has always been the same. Stay safe, look after yourself and look out for each other. Sometimes, we have to change *how* we do this and *now* is one of those times.

The government has a clear plan to fight this outbreak. But wars aren't won from Wellington. Those behind the scenes play a vital role, but it is the actions of the front-line troops that define the outcome. That's you and me. Communities are the ones that stop outbreaks – be it Ebola, Lassa fever or Sars – and we can stop coronavirus.

The elderly, those with compromised immune systems and underlying respiratory conditions are most at risk. While the evidence suggests most of us will suffer no more than mild symptoms, a number will require more advanced medical care. Bear in mind that there are just 221 ICU beds with ventilators in New Zealand. If the infection spreads rapidly, the health services become overwhelmed and beds and ventilators will not be available for those who need them. When this happens, people die.

Slowing down transmission means our health professionals can cope with those who become more seriously ill and over time fewer people will die.

It is critical that we take this seriously and follow the Government's instructions.

The Government's instructions are simple: New Zealanders who are outside of essential services must stay at home and **stop all interactions** with others outside of those in your households.

All the information you need (health, business support, welfare and more) is on the website – you should be staying up to date with the information provided here <https://covid19.govt.nz/>.

If you are worried that you may have COVID-19 you should contact your GP (remember you must call them first) or the Government Healthline free on 0800 358 5453.

We're being asked to make some small sacrifices for a few weeks. It's a small price to pay if it prevents our community falling victim to a local outbreak – and ultimately saves lives.

Together we can do this. And let's end as we started – with our Heartlands mantra – which is more important now than ever.

***Stay safe, look after yourself
and look out for each other.***

Mackenzie A&P Easter Show

In view of the Prime Minister's request that all events over 500 attendees should be cancelled or postponed to curtail the spread of Covid19, the Executive of the Mackenzie County A&P Society have taken the most difficult decision to cancel the 2020 Mackenzie Highland A&P Show due to be held on Easter Monday in Fairlie.

In light of the health risk to the Mackenzie District at this time, we see this as the most socially responsible path to take. The committee recognises the devastating impact this decision will have for many in the community with planning and organisation for this year's Show being so close to being completed and certainly regret having had to take this action so close to our Show day. As this is a committee that doesn't usually give in at the first hurdle, we are now investigating the possibility of running a community event later in the year.

To our many volunteers and committee members who have already put in so many hours towards this year's show, I thank you and trust you will stay on board for next year.

Measures are being put in place to deal with our commitments as to refunds for entries, trade space, sponsorship, etc. These will be advised as soon as possible. I especially thank the secretary and treasurer who are expediting this process with due haste.

With many rural communities being in climate of uncertainty, the morale boost of a day at the Show this year is now a lost opportunity. This will only be the fifth time in 122 years that the Show hasn't been held, previous cancellations were twice due to war and twice due to a pandemic. With an association with the Show Committee that goes back to the late 70s, having to convey this decision is certainly the low point for me.

Regards and keep safe, Bryan McNab, President

Looking Closer to Home

At the moment, it seems like each day brings new challenges and a new way of doing things. Some of these things have been relatively minor; pulling back on a hand-shake or hug is something we're all getting used to, but avoiding social contact and isolating ourselves from others is a totally different story.

Normally at this time of year, it would all hands to the pump in preparation for the Mackenzie Highland A&P Show. Its cancellation was necessary but sad and will leave a void for many this Easter Monday.

Humans are innately social beings; meeting up with friends, family, teammates or fellow churchgoers is something the majority of us derive great pleasure from and is part of our way of life.

We need to be aware of the effects of isolation on people, particularly seniors. Those who have embraced technology can maintain contact easily online but not everyone is living in that world. It's important that we pick up the phone and ring those we know who fall into that category. Have a chat and make sure they're okay.

Fairlie is a fine example of a town that is sure to look after its own. Residents know their neighbours and instinctively keep an eye out on those who they think may be vulnerable. This very publication is vital at a time like this. *The Fairlie Accessible* provides an essential link between those who are isolated and the community in which they live.

People need to feel like they are part of something 'bigger' and a local newspaper sharing news, views and bit of humour certainly helps.

It's also a time to be mindful of local people whose livelihood is at stake. Many businesses in the Mackenzie rely on domestic and international tourism, particularly in Tekapo. Those people are hurting and they need to feel the support of those around them.

Now is a time to take care, think of others and look close to home for the things that sustain us.

Jacqui Dean MP



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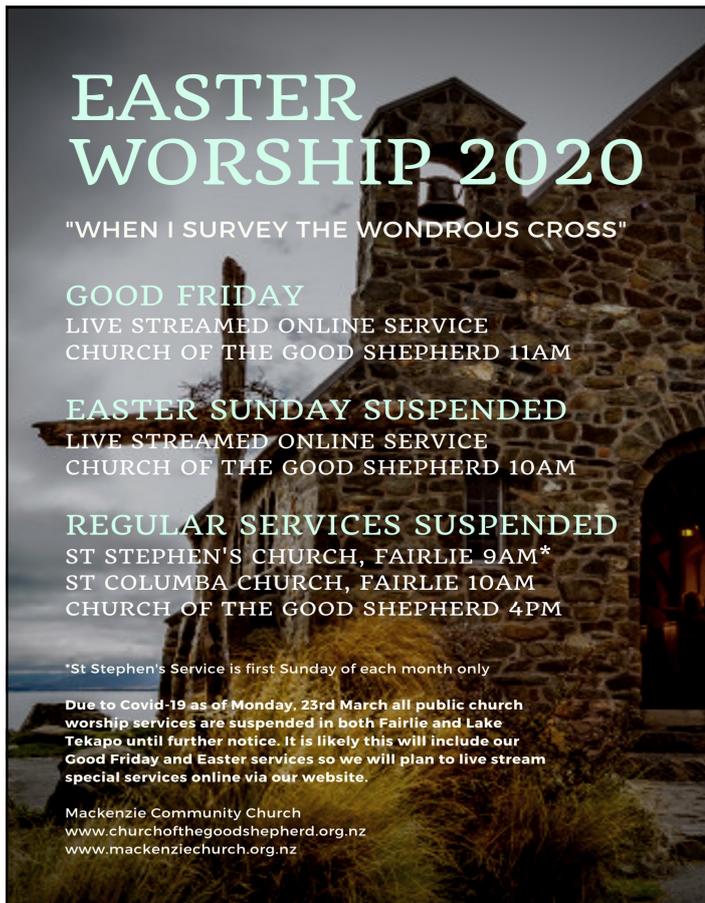
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CHURCH OF THE GOOD SHEPHERD 4PM

*St Stephen's Service is first Sunday of each month only

Due to Covid-19 as of Monday, 23rd March all public church worship services are suspended in both Fairlie and Lake Tekapo until further notice. It is likely this will include our Good Friday and Easter services so we will plan to live stream special services online via our website.

Mackenzie Community Church
www.churchofthegoodshepherd.org.nz
www.mackenziechurch.org.nz

The speed with which life has changed for us all over the past week is reflected in this being the third time I have written this contribution to The Accessible since last Friday! The events we are now living through confront us with the great social, economic, and physical fragility we always live with but mostly pretend doesn't exist. Like many of you, I have been wrestling for the past fortnight with what Covid-19 and our response to it will mean for our nation, our work places, our churches, and our community.

As of Monday all our church services were suspended but that development was quickly superseded by the announcement that afternoon that we are indeed going into lock down. We are currently exploring how to live stream or at least broadcast a special online church service from The Church of the Good Shepherd for Good Friday and Easter instead of our usual services. Meanwhile we will focus our pastoral energies on doing what we can to support each other while being in quarantine or self-isolation. Remember there will be plenty of community support available through the Resource Centre, family networks and our church pastoral care teams. If you have needs please let someone know.

Now a few thoughts about isolation. I spent just over 30 days on a silent retreat three years ago – I wasn't even allowed to speak! So I know it is possible to live through times of isolation without going crazy. Obviously, most of us are not going to have the benefit of a daily

conversation with an old Jesuit priest, or meals served with a bottle of South Australian vintage each evening like I did. But we can all put in place little rhythms and structures to help us through the day. Prayer, meditation, exercise are all very helpful to maintain good peace of mind. I will be sending out devotional readings and reflections for the remainder of Lent and Easter. These will be sent out by e-newsletter - so if you would like to receive these sign up to The Musterer Newsletter on our church website. Just scroll down to the bottom of the page and click on the link to provide us with your contact details. There is an option there to receive an e-newsletter. If you want a copy posted to you let me know I can do that to, phone me on 658 6124 and leave a message if necessary.

It can be a significant encouragement to remind ourselves that our forebears endured great trials with faith in God, and that many were moved to prayer through such times. We may also acknowledge our own feelings of powerlessness with the deeply honest phrase in the Lord's Prayer, "Save us from the time of trial, and deliver us from evil." The heart of this prayer can be prayed not be only for ourselves but for our community, for our Government, our nation and our world..."Save us from the time of trial!" Though we may be isolated in physical space we can be more deeply united through the power of prayer.

*Bless and guide our Prime Minister Jacinda Ardern and her Government;
give wisdom to all in authority;
and direct this and every nation in the ways of justice and of peace;
that we may honour one another, and seek the common good.*

*Give grace to us, our families and friends, and to all our neighbours,
that we may serve Christ in one another, and love as he loves us.*

*Comfort and heal all those who suffer in body, mind, or spirit;
give them courage and hope in their troubles; and bring them the joy of your salvation.*

*Rejoicing in the fellowship of all your saints,
we commend ourselves and the whole creation to your unfailing love.*

May God our Saviour
grant you all peace and joy in believing,
and the blessing of God Almighty,
Father, Son and Holy Spirit
be with you all, now and forever.

Yours sincerely
Rev. Andrew McDonald
www.mackenziechurch.org.nz
www.churchofthegoodshepherd.org.nz

Our Community

Mackenzie Community Library News

Due to the COVID-19 pandemic, we are sorry to advise that the library is now closed until further notice.

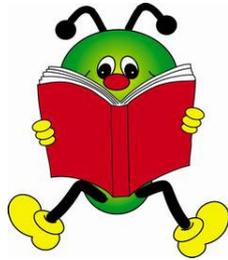
We will be clearing the returns box regularly and monitoring our emails and phone messages, however, due to the circumstances, the actioning of these may be limited. Please don't worry about returning overdues.

Please give us a call or email us if you would like to be set up for eBooks and audios through Overdrive which is a free service through us and one we can set up for you remotely. Overdrive has a great selection of books for all ages and may offer some welcome distraction while you are in isolation.

In the meantime we hope you all stay safe and we look forward to seeing you all again when we re-open, hopefully in the not too distant future.

He waka eke now: We are all in this together.
Kia kaha.

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Share your stories and pics over the next month or so with the Fairlie Accessible ... please! The next Issue will have a very different look - all community and no adverts unless you specifically get in touch for it to be included. Let's celebrate our resilience, our creativity and our positivity!



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DEADLINE



Must Sell
A large family home positioned for sun and views. Spacious open plan kitchen, living and lounge with heat pump, log fire and Wamsler wood stove. 3 bdms, 2 toilets, 2 showers and lots of outdoor dining areas. Extended garage & carport for a campervan. Vendors have moved, all offers considered. **Deadline Sale closes 4 pm, 8 April 2020 (unless sold prior)**

What a Sweetie



Refurbished and furnished so you can walk straight in and enjoy. Open plan living with a coal range, log fire & heat pump, French doors opening onto the very sunny deck. Four bedrooms, a fresh laundry/bathroom and gas water heating. Fully fenced, double garage, single carport and great storage.
\$395,000 including furniture

Space, Privacy & Sheds



A 4-5 bedroom home with established gardens & trees on 2.9 ha's (subject to final survey). The house has spacious indoor and outdoor living, 2 log fires, a modern kitchen and 2 bathrooms. A variety of farm sheds, including a 2-bay workshop with power. All in a mature garden and peaceful setting.
Price By Negotiation Over \$560,000

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Annette Stanley – 027 432 9859

Kathryn May – 027 335 3780

 **LJ Hooker** Licenced Real Estate Agent REAA 2008
Mackenzie Country Real Estate Ltd

Annette Stanley

Branch Manager & Sales Consultant
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Fairlie

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If you would like more information on the state of the property market, please feel free to call.

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For Sale

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The Mt Nessing Golf Club has a quantity of recently felled blue gum for sale suitable for burning next year.

Price \$80 per cubic metre
Please contact Ross Brown on 685 5995 to arrange for collection



Fairlie 156 Mount Michael Road

Contemporary country living

Quality construction, privacy and expansive mountain views are all on offer at this property nestled on 10 hectares. Situated close to the thriving township of Fairlie and all handy amenities. Built in 2008 and with a floor plan of approx. 300sqm comprising open plan kitchen with butler's pantry, dining and living area flowing through to a media room. Four double bedrooms, including the master bedroom with walk in wardrobe and ensuite, with all bedrooms having outdoor access. Complementing the land is a 6mx2.5m tunnel house and 12mx7m Colorsteel shed. The potential for subdivision also gives the new owner flexibility and options. With generous landscaped grounds and the unique offering of 80 Pinot Gris and 100 Tempranillo grape vines set amongst the well-established gardens this property is an opportunity that is rarely available.

bayleys.co.nz/ 5511828

4 2 2 2

For Sale offers invited over

\$1,260,000

View by appointment

Hamish Lane

027 685 6204

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WHALAN AND PARTNERS LTD, BAYLEYS, LICENSED UNDER THE REA ACT 2008



Fairlie 41 Middle Valley Road

Modern lifestyle with location

Quality construction, privacy and expansive mountain views are all on offer at this property nestled on 10 hectares. Situated Elegant and modern, this home set on 2.1 hectares represents a rare opportunity to purchase a quality rural lifestyle with panoramic mountain view's whilst still being conveniently located only minutes away from Fairlie. With a floor plan of 280sqm this property comprises open plan kitchen, dining, living, separate lounge, four bedrooms (master with ensuite) and separate bathroom.

An added bonus is the 90sqm detached flat with one bedroom, kitchenette and bathroom. Situated next to the flat is an office, art studio and double bay garage with separate external accesses. With the location being just off State Highway 79 these added extra's open up the possibility of providing another income stream for the new owner.

bayleys.co.nz/ 5511775

4 2 2 2

For Sale offers invited over

\$1,150,000 + GST (if any)

View by appointment

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Rural Travel Fund

Applications are open for grants from the Sport New Zealand Rural Travel Fund for 2020.

The fund is administered by Mackenzie District Council and is open to sports clubs and school teams with young people aged between 5-19 years who need help with transport expenses to attend regular, local sporting competitions.

For more information and an application form please visit the MDC website. Applications close at 5pm on Friday 17th April 2020.

<http://www.mackenzie.govt.nz/Site/Community/Grants/sportnztravelfund.aspx>

Contact: Arlene Goss on (03) 685 9010 ext. 915.



**He aha te mea nui ki tēnei ao?
Māku e ki atu. He tangata,
he tangata, he tangata.**

**What is the most important thing in the world?
I would reply that it is people, people, people.**



FAIRLIE - ALBURY - CAVE - LAKE TEKAPO

What's Happening

Please be aware that in this fast changing and unprecedented national emergency situation, the Fairlie Accessible has endeavoured to stay up-to-date with information, right up until going to print.

Please check out the following websites for all current information:

<https://covid19.govt.nz/>

http://www.mackenzie.govt.nz/Site/Community/Public_Notices/coronavirus_updates.aspx

<https://www.health.govt.nz/>

Info for Aged - Red or Green – you will be seen!

You will find a red and green sheet in your letterbox over the next few days! What to do! Place the green one in your front window showing the world that all is okay with you! Then if your circumstances change and you might need help or groceries etc, place the red sheet in the window!



Work and Income
Te Hiranga Tangata

0800 559 009

or Heartlands Fairlie Resource Centre 685 8496.

*Heartlands is pleased to print off forms
or information you may require.*

Your Spotify COVID-19 Survival Play List:

1. Catch my Disease - Ben Lee
2. Don't Stand too close to me - The Police
3. You Can't Touch This - MC Hammer
4. All By Myself - Eric Carmen
5. I Will Survive - Gloria Gaynor
6. Harder to Breathe - Maroon 5
7. I Want To Hold Your Hand - The Beatles
8. Dancing With Myself - Billy Idol
9. Toxic - Britney Spears
10. Fever - Peggy Lee
11. Left Outside Alone - Anastacia
12. Kiss Me Through the Phone - Soulja Boy

Next Closing Date - Friday 3 April

Email: accessible@xtra.co.nz Phone: Heartlands 03 685 8496 Editor: Anne Thomson Collator: Janine Walker

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