

# THE FAIRLIE ACCESSIBLE

Lock Down Edition 1

3 April 2020



**MACKENZIE**  
EMERGENCY MANAGEMENT

## COVID-19

### Welfare & Support Information

We're working to ensure you have access to the support you need during these difficult times. Please don't suffer in silence – ask for help if you need it.

#### South Canterbury Welfare Support Line – 0800 24 24 11

If you have no alternative access to essential supplies or support, call this number for support from local Civil Defence staff. 0800 24 24 11 (7am - 7pm daily).

#### COVID-19 Healthline – 0800 358 5453

If you are concerned about any COVID-19 symptoms you are experiencing, please contact Healthline (for free) on 0800 358 5453 (24 hours a day) or your doctor.

#### Mental Health & Wellbeing – Call 1737

If over the following days and weeks you feel you are not coping, it's important to seek help and professional support. Your GP is a good starting point.

For support with grief, anxiety, distress or mental wellbeing, you can call or text the 'Need to talk?' service on 1737. This service is free, available 24 hours a day, 7 days a week and gives you the chance to talk it through with a trained counsellor.

Rural Support have a free helpline available. Call **0800 787 254**.

#### Financial Support – 0800 779 997

For individuals & families: If you're not sure what assistance may be available, or don't know who to contact for help, call the free government helpline on 0800 779 997 (8am - 1am, 7 days a week).

For advice and support for essential businesses please contact **0800 22 66 57** (9am - 5pm, Monday-Friday). For information on the Wage Subsidy Scheme please visit the Work & Income Website. Local advice and support is available from the South Canterbury Chamber of Commerce on **(03) 687 2733**.

*We suggest you keep this page for future reference.*

### Fairlie Medical Centre Message

We hope that you are all coping, both physically and mentally, during this stressful time of self-isolation. Just to reassure you that The Fairlie Medical Centre is still open. We are consulting with most patients via 'virtual consults', that is, consulting by phone, but we are seeing some patients in the Medical Centre (including the carpark) if they need a consultation in person.

We had some issues with our second order of Flu vaccines due to over demand throughout New Zealand. This is likely to be resolved within the next few weeks. We will ring you if you already had a clinic appointment, or you have already rung requesting a vaccination. If neither of these situations applies to you, then please ring for an appointment with our nurses in a future clinic.

Here's just a small reminder about self-isolation. The virus can last up to 3 days on a hard surface. Therefore if you visit houses or share vehicles with someone out of your 'bubble' who is currently infected, has recently been infected, or doesn't know that they are infected, (as many have no symptoms), then you risk catching the virus yourself and then unintentionally spreading it around the community.

Meanwhile we hope that the 'to do' list that you never normally have time for is getting smaller by the day! It's lovely to see all the teddy bears/soft toys in the windows around the town.

**From the Team at the Fairlie Medical Centre**

### COVID-19 Response

Together we can do this



The team at MDC are grateful for the patience and understanding of the community as we adjust to operating under Level 4 restrictions.

While we're not open for face-to-face contact you can contact our customer service team on (03) 685 9010.

There have been some temporary changes to

our operations as a result of restrictions and details can be found on our website at [www.Mackenzie.govt.nz](http://www.Mackenzie.govt.nz).

A reminder that yellow (recycling) bin collections are currently suspended because the receiving centre has been closed. If possible, please clean and store your excess recycling until the restrictions have been lifted.

We will keep you updated via our website and the Fairlie Recycles Facebook page. If you don't have access to either of these give us a call and we'll do our best to help.

*Heartlands Fairlie Resource and Info Centre is contactable by phone when the office is empty! That number is 027 285 8824. Ring or text it for information, help, foodbank and general enquiries associated with the service we provide.*

**STAY HOME!** Why are people prepared to risk their own health and that of others by visiting? The message is clear! Others go out after dark - visiting! For goodness sake, use common sense and stay at home!

## MAYOR GRAHAM SMITH UPDATE

I've recently been writing about unprecedented growth times for our Mackenzie. Today, I am writing to you about extraordinarily COVID-19 times, where our streets are empty and businesses, workers and families are facing tough times.

It is important that we remain positive and remember that we are in lock-down to save lives. I want to thank each and every one of you for doing your bit to keep yourself, your family and our communities safe. The warm weather is bringing people out and about, but please ensure you follow the rules including maintaining social distance of at least 2 metres from anyone else outside your bubble that you may encounter along the way.

Council remain very active and our staff have been amazing, to ensure our services continue uninterrupted and manning the Emergency Operations Centre in support of the National State of Emergency.

My Councillors and I are meeting online frequently and I've had to quickly learn how to use virtual meeting technology! We are also in touch with other councils as we unite against this virus and to ensure our region is in the best position post-COVID-19 for reconnecting communities and for economic prosperity.

We will be successful if we protect people's health and stop the spread of this virus.

I am so proud of the way in which Mackenzie is responding to this unprecedented situation. It is heartening to see the kindness and compassion in the community.

I can't thank our voluntary workers enough for their selfless work. Now more than ever, the notion of community kindness is relevant to how we support each other to get through this.

It's important that we all stay connected too, while maintaining our physical distancing. Our elderly need to keep their televisions and radios on and stay in regular touch with family and friends especially, if they don't have access to the internet.

If you have no alternative access to essential household supplies (food, medication or cleaning supplies), shelter or support, you can call the 0800 24 24 11 helpline and one of our staff at the local Civil Defence EOC will help you.

This number is available from 7 am to 7 pm daily, 7 days a week and is for people who don't have any other alternative support available to them. Alternative support options can include neighbours, family members or friends who live close by or having access to online shopping services that can deliver to you.

We live in one of the best communities in the world so let's be patient. It's deadly serious that we don't break the rules. We've just had a beautiful rain, which will give us a good autumn growth. Take time to enjoy our Mackenzie with its changing colours and fresh, crisp air while staying at home and maintaining your bubble.

Stay home, stay safe.

Best wishes, Mayor Graham



As owner operators of Fairlie Four Square, we are an essential service and will remain open throughout all alert levels as we are committed to feeding our community. We are constantly receiving deliveries and restocking shelves so that we can continue to meet the needs of our customers.

We've been extremely busy over the last couple of weeks. So busy that some local folks volunteered to help us stock shelves so that when we opened, customers had full shelves of grocery essentials. When you receive 28 pallets of food, you need a lot of hands to get food off the truck and onto shelves! We are grateful for our community's response to help our staff meet the increased customer demand. Our employees have stepped up during this time to ensure our local community is fed during lockdown and their leadership has been inspiring.

We are now offering a delivery service to support those in our community who are unable to visit the store. Overnight we saw a drastic change as we went from a retail business to a local delivery business! But customers love the delivery service and how easy and convenient it is to use it. Customers can either email or call to receive an order sheet, then they simply fill out the form, send it back to us, we pick, pack and deliver their groceries, and they pay online. Easy as.

When our country moved into Alert Level 4, we implemented new safety protection measures to keep our customers and staff safe. Customers now see staff wearing masks, perspex protective screens at checkout, floor decals communicating the appropriate 2m physical distancing length, physical distancing at checkout, and the implementation of customers packing their own bags. We've also increased the frequency of sanitisation and cleaning efforts around the store and particular on high-touch areas like the checkout, trolleys, baskets and doorknobs.

We are so thankful to the local community for their continued support as we continue to ensure everyone has access to grocery essentials. Customers have been incredibly kind, gracious and patient with us. We're all in this together and we'll get through it together. Kia kaha.

Fairlie Four Square - Peter Wakelin

### ANZAC DAY - 25 April 2020

ANZAC Competitions and Info were in the previous Fairlie Accessible Issue 20-06 (see online on the Fairlie NZ website)



#### Who is your NZ Soldier?

Short Story or Poetry Competition

Post your 500 words or less story or poetry online:

<https://www.facebook.com/mackenziecommunitydevelopment/#> or email [mackenziecommunityfairlie@gmail.com](mailto:mackenziecommunityfairlie@gmail.com)

Entries close Wednesday 22nd April 2020. And ...

Don't forget to get the kids making A4 size ANZAC flags!